

PRINCIPLES OF THE ONE INFINITE CREATOR

Selected Passages from The Law of One (RA Material, v. I-IV)

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PART I: HEALING AND THE INITIATION OF MIND/BODY/SPIRIT

Healing and the Law of One

QUESTIONER: What is the Law of One and its relationship to healing?

RA: *The Law of One*, though beyond the limitations of name, may be approximated by stating that *all things are one, that there is no polarity, no right or wrong, no disharmony, but only identity*. All is one, and that one is love/light, light/love, the Infinite Creator.

One of the primal aspects of the Law of One is healing. Healing occurs when an entity realizes, deep within itself, the Law of One -- that is, that there is no disharmony, no imperfection; that all is complete and whole and perfect. When this is realized, the intelligent infinity within the entity can re-form the illusion of body, mind, or spirit to a form congruent with the Law of One. The healer is simply an energizer or catalyst for this completely individual process. {v. I}

Preparing to be a Healer

QUESTIONER: Who may become a healer?

RA: Those who may do healing can be of any density which has consciousness of the spirit. This includes 3rd, 4th, 5th, 6th, and 7th density life. Healing can take place in 3rd density, just as in any other density. However, there is more illusory material [in 3D] to understand, to balance, to accept, and to move forward from. {v. I}

QUESTIONER: May anyone in 3D accomplish some degree of healing if they have the proper will, desire, and polarity, or is there also a minimal balance of the E centers of the healer required?

RA: Any entity may at any time instantaneously clear and balance its energy centers. Thus in many cases those normally quite blocked, weakened, and distorted may, through love and strength of will, become healers momentarily. To be *a healer by nature*, on the other hand, one must indeed train oneself in the disciplines of the personality. {v. III}

QUESTIONER: Should the person to receive training be living the Law of One?

RA: This is both correct and incorrect. For someone such as yourself, with desire to learn about healing, it is correct. However, there are some souls who can heal, yet their lives do not reflect the Law of One. These souls have, nevertheless, found a pathway to intelligent infinity [Divine healing power], even though they still have blockages in their lower chakras. {v. I}

QUESTIONER: Could you restate that in another way?

RA: There are two categories of healers: (1) those such as yourself who, having an innate desire to share knowledge of the Law of One, can heal but do not; and (2) those who, having the same knowledge, but showing no significant desire towards Unity in either mind, body, or spirit, yet, nevertheless, have opened a channel to the same ability.

The point is that there are those who, without proper training, nevertheless, heal. These souls, *whose life does not equal their work*, may find some difficulty in continuing to absorb the E of intelligent infinity -- and thus they may become quite distorted, causing disharmony in themselves and others, and perhaps even need to cease their healing activity altogether.

Therefore, only those of the first type, those who seek to serve and are willing to be trained in thought, word, and action, are generally able to comfortably maintain their healing service. {v. I}

It is also important to understand that those who ask to learn the disciplines of healing must take responsibility for what they are asking, and for the training they receive. This is an honor and duty which must be carefully considered, in their own free will, before it is requested. {v. I}

Introduction to the Healer's Training

QUESTIONER: Would the healer's training program involve specific instructions and exercises?

RA: Since we are not now incarnate on Earth, we can only guide and specify -- we cannot show by example. This is an handicap. However, there should indeed be fairly specific exercises of mind, body, and spirit during the teaching process we offer. But again, please remember that *healing is but one aspect of the Law of One*. To reach a pure understanding of Unity, it is not necessary to heal or to show any manifestation at all, but only to exercise the discipline of understanding. {v. I}

The gate to intelligent infinity [8th density, Creator-Mind] can only be opened when the healer has an understanding of the in-streamings of intelligent energy [Creator-Power]. These are the Natural Laws of your local space/time continuum [3rd density], and its web of electromagnetic sources or nexi of in-streaming energy [7 chakras].

Before the body can be initiated, the mind must be initiated. This is the point at which most adepts of your present cycle find their mind/body/spirit system most distorted. When the character and personality that is the true identity of the mind has been discovered, the body then must be known in each and every way. The various functions of the body need understanding and control with detachment. {v. I}

Know then, first, the mind and body. Then as the spirit is integrated and synthesized, these are harmonized into a mind/body/spirit system which can move along the dimensions [E centers] and open the gateway to intelligent infinity [R6-R7], thus healing self by light and sharing that light with others. {v. I}

QUESTIONER: Please explain the process of training the healer.

RA: There are many ways to train a healer. We will give a general introduction here.

(1) Firstly, the **mind** must be known to itself. This is perhaps the most demanding part of healing work. *If the mind knows itself then the most important aspect of healing has occurred.* This is because consciousness is the microcosm of the Law of One.

(2) The second part of healing involves the disciplines of the **body**. In the E streamings coming to Earth at this time, these understandings and disciplines concern *the balance between love and wisdom in the use of the body in its natural functions.*

(3) The third area of healing is the **spiritual**, and in this, the first two disciplines of mind and body training are connected through *the attainment of conscious contact with intelligent infinity.* {v. I}

QUESTIONER: Can you tell us more about the training of body and spirit?

RA: Imagine the **body**, beginning with the more dense [biological] aspects. Continue on, and then consider the E pathways which revolve and cause the physical body to be energized. You should know that *all natural functions of the body have all aspects from dense to fine*, and all these can be transmuted to the sacramental. This is a brief introduction to the healing of body.

To speak about the healing of **spirit**, imagine the function of a magnet. A magnet has two poles: one reaches up, the other goes down. The function of the spirit is to *integrate the upreaching yearning of the mind/body E with the downpouring and in-streaming of infinite intelligence.* {v. I}

The Training of Mind

QUESTIONER: Please train us in the first step to become effective healers.

RA: We shall begin with the first teaching: the training of mind necessary for contact with intelligent infinity. The prerequisite of mental work is *the ability to retain silence of self at a steady state when required by the self*. The mind must be opened like a door: the key is silence.

The mind has a hierarchical construction, similar to geography or geometry, and the hierarchy of mind is quite regular, with various inner relationships.

To begin to master the concept of mental disciplines, it is first necessary to examine the self. *The polarity of 3rd dimension must be internalized.* Where you find patience within your mind you must consciously find the corresponding impatience and vice versa. Each thought you have, has in its turn, an antithesis [polarized opposite].

(1) The disciplines of mind involve, firstly, identifying those things of which you approve, and those things of which you disapprove within yourself. After this, you need to balance each and every positive and negative charge with its equal. Since the mind contains all things, *you must discover this completeness within yourself.*

(2) The second mental discipline is the acceptance of the completeness of your consciousness. It is not appropriate for souls on the positive path in 3D to pick and

choose among attributes, since this creates blockages, social roles, and confusion in the mind, which is already distorted in many ways. Each acceptance smoothes a part of the many distortions that self-judgment creates.

(3) The third discipline of mind repeats the first, but looking outward towards others. There is completeness in the mind of all souls -- so it is important to understand each balance, in each person you meet. When you view patience, the practice is to mirror patience. When you view impatience, it is necessary to understand impatience. We use this as just a simple example, but of course, most conditions of mind have many facets. Understanding the polarities of your own mind and the mind of others is very subtle work.

(4) The next step is the acceptance of that other person's mental polarities, which mirrors the second step [accepting your own]. These are the first four steps of learning the mental disciplines.

(5) The fifth step involves observing the geographical and geometrical relationships and ratios of your own mind, the mind of others, the human mass-mind, and the infinite or Divine mind. [This is the most advanced work of the adept] {v. I}

The Training of Body

RA: The second area of learning is the study and understanding of the body. It is necessary to know your body well. This is a matter of using your mind to examine how feelings, biases, and emotions affect various portions of the body. It is necessary to understand the polarities of your body, and to accept them. This repeats in a chemical/physical way, the work you have already done upon the mind and personal consciousness.

The body is a creature of the mind's creation. Therefore, it has its biases. (1) Firstly, the biological bias must be completely understood, and then (2), you need to understand and experience the opposite bias. This is a process of accepting your own body as a balanced, as well as polarized entity. You then need to extend this understanding to the bodies of other people whom you meet.

The simplest example of this is an understanding that each biological male is female, and each biological female is male. Of course, this is a simple example, and in almost every case in which you are trying to understand the body-polarities of yourself or others, you will need very subtle discernment in order to fully grasp what is involved. {v. I}

QUESTIONER: Would the proper balancing exercises for all bodily sensations involve some sort of inactivity, such as meditation or contemplation?

RA: This is largely incorrect. The balancing does require a meditative state in order for the work to be done. However, the balancing of sensation has to do with an analysis of the bodily sensation with a particular emphasis upon any unbalanced leaning between love and wisdom, which can also be called positive and negative. Then whatever is lacking in the balanced sensation is, as in all balancing, allowed to come into one's awareness after the sensation is remembered and recalled in such detail as to overwhelm the senses. [A somewhat advanced practice] {v. III}

QUESTIONER: What do you mean by the instruction to “examine the sensations of body”?

RA: You, the questioner [Don] may perceive your body right now. It is experiencing sensations. Most of these sensations, or nearly all of them are transient and without interest. However, the body is the creature of the mind. Certain sensations carry importance due to the charge or power which is felt by the mind upon the experience of those sensations.

For instance, at this moment one particular sensation is carrying a powerful charge and may be examined. This is the sensation of what you call “discomfort”, due to the cramped position of your body during this working. In balancing it, you would then need to explore this sensation. Why is this sensation powerful? Because it was chosen in order that you might be of service-to-others in energizing this contact [the channeling contact with RA].

Each sensation that leaves an aftertaste of meaning upon the mind, that leaves a taste within your memory shall be examined. These are the kind of sensations that we are referring to. {v. III}

QUESTIONER: What are “the disciplines of body having to do with the balance between love and wisdom in the use of the body in its natural functions”?

RA: The body complex has natural functions. Many of these have to do with the unmanifested self and are normally not subject to the need for balancing. But there are also natural functions which do have to do with others. These include: touching, loving, the sexual life, and a bodily need for others’ company, to combat the type of loneliness which is a natural function of the body as opposed to the other types of loneliness which relate more to the mind, emotions, or spirit.

When these natural functions are observed in the daily life, they may be examined in order that the love of self and the love of other, versus the wisdom regarding the use of natural functions may be understood. Most people have many fantasies and stray thoughts [regarding body-activity with others], all of which may be examined in this balancing process [i.e., the initiation of body].

Equally to be balanced is the withdrawal from the need for these natural functions with regard to others. On the one hand, you may find an excess of love. It must then be determined whether this is love of self, love of other, or both. On the other hand, one may have an excess of wisdom.

It is well to know the body complex so that it is an ally, balanced and ready to be clearly used as a tool, for each bodily function may be used in higher and higher complexes of E with others. No matter what the behavior, the important balancing is to understand each interaction on this level with others, so that whether the balance may be love/wisdom or wisdom/love, you can see the other soul in a balanced way, and you will then be freed for further work [i.e. service]. {v. III}

The Training of Spirit

RA: We will now present the third part of the teaching concerning the development of the energy powers of healing [the training of the healer].

The third area is the **spiritual**, composed of fields of force and consciousness which are the least distorted in the total mind/body/spirit. The exploration and balancing of the spirit complex is the longest and most subtle part of your learning. We have already considered *the mind as a tree*, and the mind controls the body. With the mind single-pointed, balanced and aware, the body comfortable in whatever personal ways are appropriate, the student of healing is then ready to proceed with the greater work.

This is the work of wind and fire. *The spiritual body energy field is a pathway, or channel*. When the body and mind are receptive and open, then the spirit can become a functioning shuttle or communicator from (a) your individual energy and will upwards, and (b) from the in-streamings of “creative fire and wind” [cosmic power] downwards.

The healing ability, like all other paranormal abilities, is affected by *the opening of a pathway or shuttle into intelligent infinity*. There are many souls on Earth who have a random hole or gateway in their spirit energy field, sometimes created by taking chemicals such as LSD, who are able to randomly, and without control, tap into E sources. They may or may not wish to serve others.

The purpose of carefully and consciously opening this channel [through this training in healing] is to serve in a more dependable, commonplace or usual way, according to the personal experience of the healer. To others, the healing may appear to be a miracle. But, to the one who has carefully opened the door to intelligent infinity, this is ordinary; this is commonplace; this is as it should be. Their life experience becomes somewhat transformed. The great work goes on. {v. I}

PART II: THE PROCESS OF HEALING

The Process of Seeking Healing

QUESTIONER: In seeking to be healed, a person would really be seeking *a source of gathered and focused light energy*. Could this be a crystallized healer, a pyramid shape, or something else?

RA: Yes, these are some of the ways that an entity may seek healing. {v. III}

QUESTIONER: What are some other ways that one can seek healing?

RA: Perhaps the greatest healer is within the self and may be tapped with continued meditation.

There are many forms of healing available to your peoples -- each has virtue and may be deemed appropriate by a seeker who wishes to alter their physical body conditions [their "illness"] or some connection between the various portions of their mind, body, and spirit energy fields. {v. III}

Self-Healing and the Use of a Healer

QUESTIONER: What is the difference between an individual healing himself, and using a healer?

RA: You have a misconception. *The healer does not heal*. The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself.

In no case is there an other description of healing. Therefore, there is no difference [between self-healing and the use of a healer] as long as the healer never approaches someone who has not yet made a request for their aid. This [basic self-healing-self process] is also true of the more conventional healers of your culture [medical doctors], and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing itself, many of them would be relieved of an enormous load of misconceived responsibility. {v. III}

How Healing Occurs

QUESTIONER: Is healing done by the example of the healer?

RA: This is not entirely accurate. *It is not by example that the healer does the working* -- the true working exists in and of itself. The healer is only a catalyst. Energy healing is basically a form of channeling some aspect of intelligent infinity. {v. I}

True healing is simply the radiance of the self, causing an environment in which a catalyst may occur, which initiates the recognition of self, by self, of the self-healing properties of the self. {v. I}

The Roles of Healer and Patient

QUESTIONER: What is the role of the healer, and the responsibility of the one to be healed?

RA: The role of the healer is to offer an opportunity for realignment, or aid in realignment, of either (1) energy centers or (2) some connection between the energies of mind and body, spirit and mind, or spirit and body. This latter [problem: spirit-body connection] is very rare.

The seeker will then have the reciprocal opportunity to accept a novel view of the self, a variant arrangement of patterns of E influx. If the entity, at any level, desires to remain in the configuration of illness ["distortion"] which seems to need healing, it will do so. If, upon the other hand, the seeker chooses the novel configuration [non-distortion or healing], it is done through free will.

This is one great difficulty with other forms of energy transfer [non-love based healing], in that they do not carry through the process of free will as this process is not native to yellow-ray. [It is native to green-ray, R4, and above -- it is true spiritual healing respecting individual free will] {v. III}

Healing Transfer of Light

QUESTIONER: How does the transfer of cosmic light affect the patient to be healed?

RA: The effect is that of polarization. The entity may or may not accept any percentage of this polarized life-energy which is being offered. In the occasion of the laying on of hands, this energy is more specifically channeled and the opportunity for acceptance of this E similarly more specific.

In this form of working [laying-on of hands], you can see that the King's Chamber effect is not attempted but rather the offering to one whose energies are low, of the opportunity to build up those energies. Many illnesses may be aided by such means [sending E for strengthening]. {v. III}

Philippine Psychic Surgery

QUESTIONER: It is my assumption that the healing offered through Philippine psychic surgery works by helping the patient reconfigure their own mind -- by observing the action of the healer, seeing the materialized blood, body organs, and so on. This affects the person's belief at the level of the roots of mind, so the patient can heal himself. Is this correct?

RA: This is correct. We may speak further on this type of opportunity. [Two cases are given]

(1) There are times when the illness to be treated is without emotional, mental, or spiritual interest to the person and is merely that which has, perhaps by chance genetic arrangement, occurred. In these cases, that which is apparently dematerialized will remain dematerialized and may be observed as so [dematerialized] by any observer.

(2) When the mal-condition or illness does have an emotional, mental, or spiritual charge, it is likely not to remain dematerialized -- in the sense that it will still appear in some form to an outside observer. However, if the opportunity for healing has truly been taken by the seeker, the apparent illness of the physical body [the condition which can still be observed] will differ from the actual health of the seeker [which will return to normal]. The patient will no longer experience the body illness, although it would appear they “should” since the diseased condition will still be observed.

For instance [an example of the first type of psychic healing], in this instrument [Carla] the removal of three small cysts was the removal of material that had no spiritual importance for her. Thus these growths remained dematerialized after her own psychic surgery experience.

In Carla’s other psychic surgery [the second type of healing], her kidneys were carefully offered a new configuration of being-ness [health] which she embraced. However, this particular portion of her total self [the kidneys] carried a great deal of emotional, mental, and spiritual charge for her, due to the fact that they had caused her great illness -- which then led to a certain set of events which culminated in her conscious decision to be of service.

Therefore, any objective scanning of her renal complex would still indicate the rather extreme dysfunctional aspect which it showed previous to her psychic surgery experience [although the essential spiritual and physical healing had been successful, and her health improved].

The key to successful healing lies not in the continuation of the dematerialized illness to the eye of the beholder, but rather, lies in the choosing of the newly materialized configuration which exists in time/space. [True healing is subjective, non-physical, and internal to the person seeking it] {v. III}

The Inner Basis of Healing

QUESTIONER: Would you explain that last comment about “the configuration in time/space”?

RA: Healing is done in the time/space [non-physical] portion of the mind/body/spirit complex, is adopted by the form-making or etheric body, and is then given to the space/time physical body for use in the activated yellow-ray physical form. It is the adoption of a new configuration by the etheric body in time/space which is the key to health, not any event which occurs in space/time.

In this process you can see the transdimensional aspect of the will, for it is the will, the seeking, the desire of the entity which causes the indigo body [etheric body] to use the novel configuration and to reform the [physical, yellow-ray] body which exists in space/time. This is done in an instant and operates without regard to time.

For example, in the healing of very young children there is often an apparent healing by the healer in which the child has no part. However, this is never so, for the total self, the mind/body/spirit in time/space is always capable of willing the distortions [or illnesses] it chooses for experience -- no matter what the person’s apparent age. [Both distortions and healing are self-willed] {v. III}

QUESTIONER: Is this *desire and will to heal*, which operates through to the time/space self, a function of the person to be healed, or is it also a function of the crystallized healer?

RA: First we must say that this is [as always] the activity of the Creator. More specifically, we can say that the crystallized healer has no will. It simply offers an opportunity without attachment to the outcome, for it is aware that all is one and that the Creator is knowing Itself. [Whether or not there is physical healing, all conditions offer experience to the One Creator] {v. III}

Desire for Healing

QUESTIONER: Therefore, someone's desire to heal must be strong in order for healing to occur?

RA: This is correct on one level or another [Two cases are given]. In one case, an entity may not consciously seek healing, yet subconsciously be aware of the need to experience the new set of conditions which result from healing [thus, healing will occur]. Conversely, one may consciously desire healing greatly, but within their being at some level, there is some cause whereby certain configurations which seem quite distorted are, in fact, at that level, considered appropriate [often related to Higher Self programmed catalyst & the need for karmic rebalancing] {v. III}

QUESTIONER: I assume the distortions are deemed appropriate because they could aid the entity in its reaching its ultimate objective, a movement along the path of evolution in the desired polarity.

RA: This is correct. {v. III}

QUESTIONER: Then someone who seeks to serve others might be in the paradoxical situation of being unable to fully serve others, because of physical distortions he has chosen to continue his spiritual progress. It seems that if the person was aware of the mechanism of having chosen such distortions, he might use meditation to understand the necessary mental configuration to alleviate those physical conditions -- so he could be of greater service-to-others. Is this correct?

RA: You are correct, although we might add that there are often complex reasons why a soul will program a set of distorted physical conditions for their own experience. In any case, meditation is always an aid to knowing the self. {v. III}

QUESTIONER: As a general statement, I believe the overall picture of healer and patient is this:

Due to particular mind/body/spirit distortions, the person to be healed has created a blockage in one or more of his energy centers. Due to this, the upward spiraling light which sustains the 7 energy bodies cannot maintain that body and creates some form of imbalance, which results in some form of distortion or disease in [at least] the physical and etheric bodies.

The healer, having suitably configured its E centers, is able to channel the upward and downward pouring light through its activated and balanced E centers to the one to be healed. If the one to be healed has the mental configuration to accept this light, the light then enters their physical and etheric bodies to re-configure the distortion or illness which was created by the original blockage. Would you please correct my mistakes? [The question is not a perfect understanding of healing]

RA: Your mistakes were small. We would not, at this time, attempt a great deal of refinement of that statement, but we would say that there are various forms of healing. In many, only the E of the adept [downward pouring light] is used. In others, some physical energy is also channeled.

We may further note that when the one wishing to be healed, though sincere, remains unhealed, you may consider *pre-incarnative choices*. It would be a more helpful to such a person to suggest that they meditate upon the affirmative uses of whatever limitations they might be experiencing. In these cases, the indigo-ray workings [and contact with Higher Self] are often of aid. {v. III}

PART III: USE OF THE PYRAMIDS

The Function of Pyramids

QUESTIONER: How does the pyramid shape work?

RA: We are assuming that you wish to know the principle of the shapes, angles, and intersections of the Giza pyramid. In reality, the pyramid shape does no work -- it does not work. It is simply an arrangement for the centralization and diffraction of the spiraling upward light E as it is being used by a soul [in relation to the pyramid].

The spiraling nature of light is such that the magnetic fields of an individual are affected by spiraling energy. Certain shapes offer an echo chamber, or an intensifier for spiraling *prana*, which is an all-present, primal aspect of the One Infinite Creator.

If one's intention is to intensify one's own will in order to call forth the inner light in order to match the intensification of this spiraling light E, the entity will be placed in the Queen's Chamber position in the Giza pyramid. This is the initiatory place and is the place of resurrection.

The off-set place represents the spiral in motion, and is the appropriate position for one to be healed, as in this position an entity's vibratory magnetic nexi are interrupted in their normal flux. Thus a possibility is created, and a new beginning is offered in which the entity may choose a less distorted, weak, or blocked configuration of energy center magnetic distortions.

The function of the healer and crystal may not be over-emphasized, for this power of interruption needs to be controlled [or directed] with incarnate intelligence. This is the intelligence of the adept which sees E patterns without judgment. The adept can recognize blockages, weakness, and other distortions, and can visualize, through the regularity of their own self and the crystal, the ideal of the less distorted other soul to be healed.

Other shapes which are arched, groined, vaulted, conical, or as your tipis, are also shapes which can perform this kind of intensification of the upward spiraling light. Your caves, being rounded, are also places of power due to their shape.

It is to be noted that these shapes are dangerous. We are quite pleased to have the opportunity to enlarge upon the subject of shapes such as the pyramid for we wish, as part of our honor/duty, to state that there are many wrong uses for such curved shapes. With improper placement, improper intentions, or lack of the crystallized being functioning as a channel for healing, the sensitive entity [to be healer] will become more distorted, rather than less, in some cases.

We also note that your human groups tend to build, for the most part, the cornered or square habitations -- but they do not concentrate power. It is to be further noted that spiritual seekers have, for many of your years, sought the rounded, arched, and peaked forms as an expression of the power of the Creator. [This is the basis for all sacred, or religious architecture] {v. III}

QUESTIONER: What would be an appropriate apex angle for a [pyramid-based] tipi shape?

RA: This is at your discretion. In the principle of circular, rounded, or peaked shapes, the center acts as an invisible inductive coil. Thus the energy patterns are spiraling and circular, and the choice of the most pleasant configuration is yours. Its effect is relatively fixed. {v. III}

Pyramid Healing and Initiation

QUESTIONER: How was the Giza pyramid used for initiation?

RA: There are two main functions of the pyramid in relation to the initiatory procedures. One has to do with **the body**. But before the body can be initiated, **the mind** must be initiated. This is the point at which most adepts of your present cycle find their mind/body/spirit complexes distorted from. When the character and personality that is the true identity of the mind has been discovered, the body then must be known in each and every way. Thus, the various functions of the body need understanding and control with detachment.

The first use of the pyramid, then, is the going down into the pyramid for purposes of deprivation of sensory input so that the body may, in a sense, be dead and another life begin. {v. I}

QUESTIONER: Was the primary healing function of the pyramids, the healing of mind?

RA: This is partially correct. Complete healing, if it is to be effective, must be *a funneling of the in-streaming intelligent energy or cosmic power without significant distortion*, through the spiritual complex into the tree of mind. There are many parts of the mind which can block energies flowing to the body. In each case, in each entity, the blockage may well differ.

But in any case [regardless of the distortion], it is necessary to activate the spirit energy channel or shuttle. Then, whether the blockage is from spiritual to mental, from mental to physical, or whether it is simply a random and purely physical trauma, healing may then be carried out. {v. I}

The Process of Crystal Healing

RA: The principle of crystal healing is based upon an understanding of the hierarchical nature of the structure of the physical body. (1) There are crystals which work upon the energies coming into the spiritual body; (2) there are crystals which work upon the distortions from spirit to mind; (3) there are crystals which balance the distortions between the mind and the body.

All of these crystal healings are charged through purified channels. Without the relative crystallization of the healer working with the crystal, the crystal will not be properly charged.

The other ingredient is proper alignment with the E fields of your planet, and the holistic or cosmic distortions or in-streamings which enter the planetary aura, in such a

manner that an appropriate ratio of shapes [i.e. pyramids & sacred sites] and placement within these shapes [i.e. Giza King's Chamber] is of indicated aid in the untangling or balancing process. {v. IV}

Initiation and the Giza Pyramid

QUESTIONER: How was the Queen's Chamber a place of spiritual initiation?

RA: This question is a large one. We cannot describe initiation in its specific sense, due to our belief and current understanding that the process which we offered [the Egyptians] so many of your years ago, was not a balanced one [thus it was later misused and perverted].

However, you are already aware of the concept of initiation and realize that it demands the centering of the being upon seeking the Creator. [Through this present communication], we have hoped to balance this understanding [of initiation] by speaking the Law of One, that is, that all things are One Creator. Therefore, seeking the Creator is done not just in meditation and in the work of an adept [so-called "initiation"], but can be done in the experience of each moment.

The initiation of the Queen's Chamber involved the abandoning of self to the desire to know the Creator in full, so that the purified in-streaming light could be drawn in a balanced fashion through all of the adept's energy centers, meeting in indigo [R6] and opening the gate to intelligent infinity [R7]. Thus the entity can experience true life or, as your people call it, resurrection. {v. III}

Pyramids and the Crystallized Healer

QUESTIONER: It seems to me that once a healer has become properly balanced and unblocked with respect to E centers, it is possible for him to act in some way as a collector and focuser of light in a way analogous to how the pyramid works -- collecting light through the left hand and emitting it through the right. I assume that this would then somehow penetrate the 1st and 7th chakras' vibratory envelopes of the body, and allow for the realignment of the E centers of the person to be healed. Is this correct?

RA: You are correct in your assumption that the crystallized healer is analogous to the pyramid's action at the King's Chamber position. There are a few corrections to your statement we can add.

Firstly, the E which is used [for the healing] is brought into the healer's E field by his outstretched hand used in a polarized sense. However, this E circulates through the various E points to the base of the spine and, to a certain extent, to the feet -- thus coming through the healer's main E centers spiraling through the feet, turning at the red ray center [R1] towards a spiral at the yellow ray center [R3], and passing through the green ray center [R4] in a microcosm of the King's Chamber energy-prana configuration. It then continues for the third spiral through the blue ray [R5] center and is then sent from there through the gateway [R6-7] back to intelligent infinity.

It is from the green ray center that the healing prana moves into the polarized healing right hand and therefrom to the one to be healed.

We may note that there are some healers who use the yellow-ray configuration to transfer E, and while this may be done, its effects are questionable. With regard to the relationship between the healer, the healing E, and the seeker, these effects are questionable because it is likely that the seeker [the one to be healed] will continue to require such E transfers without any true healing taking place when the healer is no longer present. This is because their energy armoring shell is not penetrated by the yellow-ray method [which, however, does occur with the green-ray method of the crystallized healer, as outlined above]. {v. III}

QUESTIONER: Then is there is no value in using pyramids for healing at the present time?

RA: If those who desired to be healers were all of a crystallized nature [achieved adepts] and were all supplicants who sincerely sought to eliminate all personal distortions, the pyramid would be, as always, a carefully designed set of parameters to distribute light and its E to aid in healing.

However, we found that your peoples do not have the desire for purity to a great enough extent to be given this powerful and potentially dangerous gift. We, therefore, suggest that you not use the pyramid for healing in the traditional King's Chamber configuration -- which we naively gave to your peoples [in Egyptian times] only to see its use grossly distorted and our teachings lost. {v. III}

PART IV: ENERGY BALANCE AND THE CHAKRAS

Defining Emotional Balance

QUESTIONER: Is it correct that a balanced entity would not be swayed towards either positive or negative emotions, and would remain unemotional in any situation he might confront?

RA: This is an incorrect application of the balancing method that we discussed [the training of mind]. The goal of the exercise we gave you -- first experiencing your feelings, then consciously discovering their polarity in the mind -- is not to experience a smooth flow of feelings both positive and negative while remaining unswayed. Rather, the goal is to achieve a [non-emotional] condition of always being unswayed. This is a simpler result, although it does take much practice.

The catalyst of life-experience works in order for the learning of 3rd density [and every density]. However, if a being has some form of emotional response, even if it is only observed [and not acted upon], the entity is still using the 3D catalyst for learning. After a long period of learning, the end result is that the catalyst is no longer needed.

At this stage of development, the entire density is no longer needed [for that soul]. This [balanced condition] is not indifference or objectivity, but rather, *a finely tuned compassion and love which sees all things as love*. Seeing "all things as love" elicits no emotional response due to life-catalyst. Thus, the entity is now able to become a co-Creator of their experiences. This is a truer balance [than trying to be unswayed by the normal flow of emotions]. {v. II}

Balance and Personal Attack

QUESTIONER: So for a person who is truly balanced, if an animal or person attacks them, they would not have an emotional response, but just love them, see both of them as the Creator, and understand their actions as the result of their own free will. Is this correct?

RA: This is basically correct. Of course, the balanced entity will see that in the apparent attack of another person, the cause of their action is more complex than the cause of the animal's attack. Thus [in understanding the complexity of others' actions], *the balanced entity is open to many more opportunities for service to others*. {v. II}

QUESTIONER: Would a perfectly balanced entity feel any emotional response in being attacked?

RA: This is correct [there would not be any emotional reaction]. *The [only] response is love*.

QUESTIONER: In 3rd density, it is difficult to maintain this [loving] response, especially if the attack results in physical pain, but I assume that this response [love] should be maintained even through physical pain or the loss of one's life. Is this correct?

RA: This is correct, and further, is of major importance in understanding the principle of balance. *Balance is not indifference, but rather, the observer not blinded by any feelings of separation and fully imbued with love*. {v. II}

QUESTIONER: How can we balance the ego?

RA: We cannot work with this concept [of the “ego”], as it is misapplied and understanding cannot come from it. {v. I}

Introduction to Chakra Balancing

QUESTIONER: What do you mean by the word, “balancing”?

RA: Universal infinite Love creates Light, which becomes love/light, and then streams into the planetary system according to the pattern of Earth’s electromagnetic web or nexi of points of entrance. These in-streamings are available to the individual -- who, like the planet, is also a web of electromagnetic energy fields of points of entrance.

In a balanced individual, each E center is balanced and functioning brightly and fully. [However, for most people], the blockages of Earth’s electromagnetic web cause some distortion of intelligent energy, and their own mind/body/spirit blockages further distort or unbalance this energy. There is one energy [although it may be distorted]. It may be understood as love/light or intelligent E. {v. I}

Balancing the 7 Chakras

QUESTIONER: What are the steps we need to follow to balance ourselves?

RA: The steps are only one: understanding the energy centers of the mind/body/spirit. This understanding may be briefly summarized as follows.

R1. The first balancing is of the Malkuth [Hebrew term] or “Earth” vibratory center: the red-ray. Understanding and accepting this energy is fundamental.

R2. The next E complex which may be blocked is the emotional, or personal complex, also known as the orange-ray. This blockage will often demonstrate itself as personal eccentricities or distortions with regard to self-conscious understanding or acceptance of self.

R3. The third blockage resembles most closely what you have called “ego”. It is the yellow-ray or solar plexus center. Blockages in this center will often manifest as distortions toward power manipulation and other social behaviors concerning those close and associated with oneself. Those with blockages in these first three E centers will have continuing difficulties in their further seeking of the Law of One [problems with spiritual growth].

R4. The heart-center or green-ray, is the center from which 3rd density souls may springboard to infinite intelligence [on the positive path]. Blockages in this area may manifest as difficulties in expressing universal love or compassion.

R5. The blue-ray center of E streaming is the center which, for the first time, is outgoing as well as inpouring. Those blocked in this area may have difficulty in grasping their own spiritual and mental dynamics, and further difficulty in expressing this kind of self-understanding. Entities blocked in this area may also have difficulties in accepting communication from others.

R6. The next center is the pineal or indigo-ray center. Those blocked in this center may experience a lessening of the influx of intelligent energy due to the self-judgment of unworthiness. *Indigo-ray balancing is quite central to the work upon the spirit complex*, essential for the transformation or transmutation of 3rd density souls [through Harvest] to 4th density. This is because indigo-ray is the E center which receives the least distorted outpourings of love/light from intelligent energy, and also has the potential for the key to the gateway of intelligent infinity [R6-R7 linkage].

R7. The remaining center of E influx is simply the total expression of one's vibrations of mind, body, and spirit. It is as it will be, "balanced" or "imbalanced" has no meaning at this E level, for it gives and takes in its own balance. Whatever distortions a soul may have, the violet-ray cannot be manipulated, like other centers. It has no particular importance in regards to self-balancing. {v. I}

The Three Foundation Rays

RA: The basic pivotal points of each level of development; that is, each density [or chakra level] beyond second, are as follows:

(1) Firstly, the basic energy of **red-ray**. This ray may be understood to be the basic strengthening ray for each density. It shall never be condescended to as less important or productive of spiritual evolution, for it is the foundation ray.

(2) The next foundation ray is **yellow-ray**, which is the great steppingstone ray. At this ray the mind/body potentiates to its fullest balance. The strong red/orange/yellow triad springboards the entity into the green-ray center, which is the resource for spiritual work. Green-ray is a basic ray but not a primary [or foundation] ray.

(3) When green-ray has been activated, we find the third primary [foundation] ray being able to begin potentiation. This is the first true spiritual ray in that all energy transfers are of an integrated mind/body/spirit nature. The **blue-ray** seats the learnings/teachings of the spirit in each density within the mind/body animating the whole, communicating to others this entirety of being-ness.

The indigo-ray, though precious, is that ray worked upon only by the adept. It is the gateway to intelligent infinity bringing through intelligent energy. This is the E center worked upon in those teachings considered inner, hidden, and occult, for this ray is infinite in its possibilities. As you are aware, those who heal, teach, and work for the Creator in any way which may be seen to be both radiant and balanced are those activities which are indigo-ray.

As you are aware, the violet-ray is constant and does not figure into a discussion of the functions of ray activation in that it is the mark, register, identity, and the true vibration of an entity. {v. II}

Assessing Your Chakra Blockages

QUESTIONER: How can we assess which E centers are activated which are blocked?

RA: Your thoughts, feelings or emotions, and least of all, your behavior can be used as signposts for the teaching and learning of self by self. In the analysis of your experiences each day, you can assess what you consider to be inappropriate thoughts, behaviors, feelings, and emotions.

In examining these inappropriate activities of mind, body, and spirit, you may then place these distortions in the proper vibrational ray [related chakra] and thus see where work is needed. {v. II}

Perfect Chakra Balance

QUESTIONER: How would each of the rays appear in a perfectly balanced and undistorted entity?

RA: We cannot tell you this, for each [soul's] balance is perfect and unique. But we can offer you an example, in this case, the example of a Wanderer. [The following is very common to ET souls]

In this entity, the first three rays may be viewed as extremely even: red, orange, yellow. The green ray is extremely bright. This may be balanced by a dimmer indigo. Between these two [green and indigo] the individual's point of balance resides, the blue ray of the communicator sparkling in strength above the ordinary. In the violet ray we see this unique spectrograph, and at the same time, the pure violet also surrounds the whole. This will be surrounded by that which mixes the red and violet ray, indicating the integration of mind, body, and spirit, and this will be surrounded by the vibratory pattern of this entity's true density [native higher-density vibratory level].

This description may be considered both unbalanced and in perfect balance. Understanding its "perfect balance" is extremely helpful in dealing with others. The ability to feel blockages [knowing how the entity is "unbalanced"] is useful only to the healer. When viewing an entity's "balance in colors" there should not be even a tiny fraction of judgment [blame]. Of course, when we see that an entity has many of its E centers weakened and blocked, we may understand that this soul has not yet "grasped the baton and begun the race" [not yet done spiritual self-work]. However, the potentials are always there. All the 7 rays fully balanced are there, waiting to be fully activated.

In the fully potentiated entity [totally developed and balanced], all 7 rays mount one upon the other with equal vibratory brilliance and scintillating sheen, until the surrounding color [of the whole] is white. This is what you may call "potentiated balance" [balanced chakra activation] in 3D. {v. II}

QUESTIONER: Then if a soul evolves in a straight line from 1st through to 8th density, would all the centers be activated to completion if everything worked as it should? Would each chakra be activated to completion and greatest intensity by the end of the experience in each density?

RA: Hypothetically speaking, this is correct. However, *the fully activated being is rare*. Therefore, more emphasis is laid upon the E harmony and balance of souls. It is necessary for graduation across densities for the primary energy centers [rays 1-3-5] to be functioning in such a way as to communicate with intelligent infinity [8D] and to appreciate and bask in this light in all its purity.

However, to fully activate each E center is the mastery of only a few souls, for each center has a variable speed of rotation or activity. Once all necessary centers are activated to the minimal necessary degree, it is more important to achieve harmony and balance between centers. {v. II}

Balance and Chakra Activation

QUESTIONER: What do you mean by “variable speed of rotation or activity” of energy centers?

RA: Each E center has a wide range of rotational speed or brilliance of color. The more strongly the will of an entity concentrates upon, refines or purifies each E center, the more brilliant or rotationally active each center becomes. For self-aware souls, it is not necessary for the E centers to be activated in order [rays 1-7].

Therefore, some souls have extremely brilliant E centers, while at the same time, they are also quite unbalanced in their violet ray aspect [their overall spiritual achievement], due to the lack of attention they have paid to the totality of their life-experiences.

The key to balance is in making an unstudied, spontaneous, and honest response toward your experiences. In this way, you can use life-experience to the utmost, and then apply the balancing exercises [the healing or spiritual training of mind] to achieve the most purified and balanced spectrum of E center manifestation in violet ray.

This is why the brilliance or rotational speed of E centers is not considered to be more important than the balanced condition or violet ray manifestation of an entity in regarding harvestability [the ability to graduate to higher densities]. This is because *souls who are unbalanced, especially in their primary rays, are not capable of sustaining the impact of the love/light of intelligent infinity* to the extent necessary for harvest [due to inadequate m/b/s development & integration]. {v. II}

Balance and Emotional Repression

QUESTIONER: What is the difference in terms of chakra activation between a soul who represses emotional responses to emotionally charged situations, and a person who is balanced and truly unswayed by emotionally charged situations?

RA: Your question contains an incorrect assumption. *To the truly balanced entity no situation would be emotionally charged* [situations are not “emotionally charged”, in and of themselves].

To repress emotions will depolarize an entity [reduce spiritual growth], since by doing so, they are choosing not to use the catalyst of the present moment in a spontaneous manner -- which will dim their E centers. There is, however, some polarization towards the positive [path of love], if the cause of the repression is a consideration for others [not wanting to hurt them].

A soul who has worked long enough with their own catalyst to be able to feel their emotions, but not have to express their reactions [through behavior], would not yet be truly balanced. However, they will not suffer spiritual depolarization [as they would if they had repressed themselves]. This is due to the transparency of their experience [clear awareness of their psychological process].

The gradual increase in one’s ability to observe one’s own reactions, and to know the self, will bring one ever closer to true balance. We suggest you have patience, for 3D catalyst is intense, and its [proper balanced] use must be appreciated over a period of consistent learning. {v. II}

QUESTIONER: How can a person know when he is repressing the flow of emotions, or if he is really in balance and truly unswayed by situations?

RA: Again, we repeat that *to the balanced entity no situation has emotional charge but is simply a situation like any other, in which they may or may not observe an opportunity to be of service*. The closer one comes to this attitude, the closer one is to true balance. We do not recommend that you repress or suppress your reactions to catalyst, unless such reactions would create an obstacle to others, not in harmony with the Law of One. It is far, far better to allow [yourself, and] each experience to express itself fully, in order to make fuller use of 3rd density catalyst. {v. II}

The Importance of Balance

RA: We have many times spoken about the relative importance of balancing as opposed to the relative unimportance of maximal activation of any particular E center. Therefore, if an entity seeks to be harvestable on the positive path [of service to others], it will be concerned with *regularizing its various energies of experience* [mind/body/spirit and chakra balancing].

In some cases, the most fragile entity may be more balanced than one with extreme energy and activity in service-to-others, due to the fastidiousness [the attentiveness and care] with which their will is being focused upon the [thorough] use of experience in knowing the self.

The densities beyond your own [beyond 3D] give the minimally balanced individual much time and space with which to continue to refine their inner [spiritual energy] balances. {v. II}

Analysis of Blockages

QUESTIONER: Are the conditions of the subtle bodies, the degree of the in-streaming energies, and any E blockages we might have, related to our own mental configuration?

RA: Basically, yes, but to use the term “mental configuration” is to oversimplify the conditions of E blockage which occur in 3D. The mind complex has a relationship to the spirit and body complexes which is not fixed. Thus, blockages may occur betwixt spirit and mind, or body and mind, upon many different levels. Remember, also, that each energy center has seven sub-colors, and so on. Therefore, spiritual/mental blockages combined with mental/bodily blockages may affect each of the E centers in several differing ways. Thus you may see the subtle nature of the balancing and evolutionary process. [Clearing blockages is also quite subtle] {v. III}

Results of Chakra Clearance

QUESTIONER: Is the rotational speed of E centers a function of their degree of blockage, so that the less a center is blocked, the greater its speed of rotation and energy instreaming?

RA: You are partially correct. In the first three energy centers [R1-3], complete unblocking of the centers create greater speeds of rotation. However, as the entity develops the higher E centers [R4-6], these centers begin to express their nature by forming crystal structures. This is the higher or more balanced form of activation of E centers as the physical nature of this E is transmuted to a more subtle or spiritual nature of regularization and balance. {v. III}

QUESTIONER: What do you mean by crystal structures?

RA: For more highly developed souls, each of the E centers will have a distinctive crystalline structure. The configuration of each will be somewhat different, just as in your world no two snowflakes are alike. However, each is regular. {v. III}

Geometry of Energy Centers

RA: The **red energy center** often is in the shape of the spoked wheel.

The **orange energy center** in the flower shape containing three petals.

The **yellow center** again in a rounded shape, many faceted, as a star.

The **green energy center** is sometimes called the lotus-shape, and the number of points of crystalline structure depends upon the strength of this center.

The **blue energy center** is capable of having perhaps one hundred facets, and capable of great flashing brilliance.

The **indigo center** is a more quiet center, with the basic triangular or 3-petalled shape in many, although some adepts who have balanced the lower energies may create more faceted forms.

The **violet energy center** is the least variable and is sometimes described in your philosophy as “thousand-petalled”, as it is the sum of the mind/body/spirit complex totality [the total Self]. {v. III}

Positive and Negative Polarization and the Chakras

QUESTIONER: What would be the difference in the red ray, other chakra activation, between highly polarized positive and negatively oriented entities?

RA: There is no difference in equally strongly polarized positive and negative entities in regards to the red ray. The negative ray pattern is the red/orange/yellow moving directly to the blue, this only being used in order to contact intelligent infinity. In positively oriented entities the configuration is even, crystallinely clear, and of the seven ray description. {v. II}

PART V: ELEMENTS OF THE INFINITE SELF

Higher Self and the Mind/Body/Spirit Complex Totality

QUESTIONER: Please define the “mind/body/spirit complex totality”.

RA: There is a dimension [7th density] in which time does not have sway. In this dimension, the mind/body/spirit in its eternal dance of the present may be seen in its totality, and before the soul joins with its own social memory complex [group-soul], and is finally absorbed into the allness of the One Creator through its own learning [8th density], the entity may know itself in its totality.

This “mind/body/spirit complex totality” functions as a resource for the Higher Self. The Higher Self [in 6th density] is a resource you can use to understand the distillations of 3D experience, and also program further life-experience. This set of relationships continues in 4th, 5th, and 6th densities, as the mind/body/spirit complex totality comes into consciousness in the course of 7D. {v. II}

QUESTIONER: Does each entity have an individual mind/body/spirit complex totality or do a number of entities share the same mind/body/spirit complex totality?

RA: Both of these statements are correct in different time/space conditions. Each soul has its own totality-being, and when planetary groups achieve the level of “social memory complex” [unified group-consciousness], the totality of this union of entities also has its own Oversoul and social memory complex totality as a resource.

As always, the sum of the whole is greater than the sum of its parts, spiritually speaking -- so that the Oversoul of a social memory complex is not merely the sum of the Oversouls of its members, but instead, it is created by a type of spiritual doubling [which greatly compounds power]. {v. II}

The Life of Higher Self

QUESTIONER: Does this Higher Self have some type of vehicle like our physical body?

RA: This is correct. The Higher Self is of a certain advancement within 6th density, going into the 7th density. After 7D has been well entered, it becomes so totally a mind/body/spirit complex totality that *it begins to gather spiritual mass and approach the octave density* [8D]. Thus, the looking backwards [towards lower dimensions, 3D-6D] is finished at that point. {v. II}

QUESTIONER: Does the Higher Self break down into numerous units [souls] to have different types of life-experience [at the same time], and then oversee these experiences?

RA: We cannot say that your statement is either correct or incorrect, due to the confusions of what you call time. True simultaneity is available only when all things are truly seen to be occurring at once. The concept of “various parts” of Higher Self living “various experiences” simultaneously, is not precisely accurate due to your [distorted]

understanding that this [dualistic experience] is an example of “true simultaneity”. This is not the case. [In a true understanding of Unity, there are no “parts”, no separate experiences or souls, no time and no space]

The case is from universe to universe [non-dual experience], and the Higher Self can program parallel existences if it needs to -- using information available from the [7D] mind/body/spirit complex totality regarding various probability lines at any point in its evolution. {v. II}

QUESTIONER: Could you give an example of how Higher Self programs parallel experiences?

RA: Perhaps the simplest example of this apparent simultaneity of existence of two selves, which are in truth actually *one self at the same time/space* [which is the Law of One], is what we have been considering. From your perspective, the Higher Self seems to exist simultaneously with the mind/body/spirit which it aids. However, [from the 3D perspective] this is not actually simultaneous, for the Higher Self is moving towards the soul as it is needed, from a point of development which could be considered to be your future. {v. II}

QUESTIONER: Is the Higher Self of every entity of a 6th density nature?

RA: This is correct. This is an honor/duty of self to self as one approaches 7th density.

We should also note that each entity has several beings upon which it may call for inner support. Any of these [spiritual helpers] may be thought of as being the mind/body/spirit complex totality -- but this is not the case. The mind/body/spirit complex totality is a nebulous collection of all that may occur [all possible experiences], held in understanding.

On the other hand, the Higher Self is a projection or manifestation of this “totality being [in 7D]”, and may communicate with its own mind/body/spirit [the soul in 3D] during the discarnate part of a cycle of rebirth [after ‘death’], or during the physical incarnation. Such communication is possible if the proper pathways or channels through the roots of mind have been opened. {v. II}

QUESTIONER: Are these channels opened by meditation and intense spiritual polarization?

RA: This is partially correct. Intense polarization [spiritual seeking] does not necessarily develop the will or need to contact Higher Self. Each soul’s path of life experience is unique. However, given the [strong spiritual] polarization, the will is greatly enhanced and visa-versa. {v. II}

QUESTIONER: Does my Higher Self then operate from what I might consider to be my future?

RA: From the standpoint of your [3D] space/time, this is correct. {v. II}

QUESTIONER: In that case, my Higher Self would have a great advantage in knowing what I need, since it would know what was going to happen in the future. Is this correct?

RA: This is incorrect, in that this [knowing of your future] would be an abrogation of your free will. The Higher Self is aware of the lessons learned through 6th density. The progress rate [of souls going towards 6D] is fairly well understood, but the choices which must be made to achieve the [level of] Higher Self are the full responsibility of the soul itself.

Thus, Higher Self is like a map in which the destination is known; the roads are very well known, these roads being designed by intelligent infinity [Creator-Mind] working through intelligent energy [Creator-Power]. However, *the Higher Self can program only for certain lessons and predisposing limitations if it wishes*. The remainder [of one's life-experience] is completely the free choice of each entity. In this, there is a perfect balance between the known and the unknown. {v. II}

The Higher Self and 3D Programmed Catalyst

QUESTIONER: How does Higher Self program our life-catalyst in 3D?

RA: The Higher Self, which exists with full understanding of the accumulation of all your personal experiences, helps the soul in healing the experiences which it has not yet fully learned. It is also the Higher Self that assists in further life experience programming.

The mind/body/spirit complex totality [in 7D] may be called upon by the Higher Self [in 6D], in the same way as the soul or mind/body/spirit complex [in 3D] calls upon its own Higher Self. This calling upon Higher Self is *a structured situation in time and space* -- and the Higher Self is aware of all the experiences of its soul, and has a firm grasp of the lessons to be learned in each density.

On the other hand, the mind/body/spirit complex totality is like the shifting sands, and can be considered *a collection of parallel developments of the same soul*. Its information is then made available to the Higher Self, which may then use these projected probability lines to better aid in future life programming [for souls evolving up to 6th density]. {v. II}

Higher Self and the Negative Path

QUESTIONER: For souls on the negative path, is their own 6D Higher Self also negative?

RA: No negative beings have ever attained the Oversoul or Higher Self manifestation, which exists in late-6th density. Negatively oriented souls have a difficulty which, to our knowledge, has never been overcome -- for after 5th density graduation, wisdom is available, but it must be matched with an equal amount of love. This love/light is very, very difficult to achieve in unity [6D] while following the negative path. Therefore, during the earlier part of 6D, all negatively oriented social groups will choose to release the E potential and leap into 6th density positive [before achieving Higher Self].

Therefore, the Oversoul -- which makes its understanding available to all who are ready for such aid [on either path] -- is *towards* the positive. However, the free will of the

individual is paramount, and any guidance given by Higher Self may be seen and used in either the positive or negative polarity, depending upon the choice of each entity. {v. II}

The Total Self

QUESTIONER: Does each Higher Self have a corresponding “Higher Self” advanced beyond it?

RA: Let us simplify this concept for you. The Higher Self is a manifestation given to the late sixth-density mind/body/spirit as a gift from its future Self. The mid-seventh density being’s last action before turning towards the allness of the Creator [8D] and gaining spiritual mass is to give this resource [Higher Self] to its 6th density self, moving in “the stream of time”.

The Higher Self of late 6D then has the honor/duty of using both the experiences of its own total living memory bank of experience, thoughts, and actions [gained on its own path to 6D], as well as the resource of the mind/body/spirit complex totality left behind [in 7D] as a type of infinitely complex thought-form [available for its own guidance].

In this way, you may see your 3D self, your 6D Higher Self or Oversoul, and your mind/body/spirit complex totality as three points in a circle. The only distinction between them is your experience of time and space. In reality, *all are the same being*. [This is “true simultaneity”] {v. II}

The Human Subtle Bodies

QUESTIONER: Can you tell me about the human energy bodies, their functions and purposes, and how they relate to the overall mind/body/spirit complex?

RA: To answer your query fully would take many sessions, for the interrelationships of the various bodies and each body’s effects in various situations is an enormous study. However, we shall begin by referring you back to the spectrum of true colors [7 chakras or rays] and their relationship to the various densities of your octave.

You will find that the number 7 is repeated from the macrocosm [densities or dimensions] to the microcosm [chakras or rays of the mind/body/spirit complex] in structure and experience. Therefore, it would only be expected that there would be 7 basic bodies which are most easily described according to the 7 rays [red-ray body, orange-ray body, etc.].

However, it will be somewhat confusing to try to relate these bodies to both the color rays and the different terms used by esoteric traditions. Various human teachers present their understanding in various terms. Therefore, different names are often given for the same subtle body.

The red-ray body is your chemical body. However, it is not the physical body which you use in 3D. It is the unconstructed material of the body, the elemental body without form [4 elements]. This basic unformed material body is important to understand, for there are healings which may be carried out by the simple understanding of the elements present in the physical vehicle.

The orange-ray body is the physical body complex, but it is still not the body you inhabit. Rather, this is a body formed without self-awareness, the body in the womb before the spirit/mind complex enters. This body may live without the inhabitation of the mind and spirit complexes. However, it seldom does so. [This is the true “body complex”, without mind/spirit energy fields]

The yellow-ray body is your physical vehicle which you know of at this time and in which you experience catalyst. This body has the [integrated] mind/body/spirit characteristics and is equal to the physical illusion, as you have called it. [It is the vehicle of all 3D experience]

The green-ray body is that body which may be seen in seance when “ectoplasm” appears. This is a lighter body packed more densely with life. Some other teachings may call this the “astral” body, while others have called it the “etheric” body. However, this is not correct, since the true etheric body is a “gateway body” through which intelligent energy can mold the mind/body/spirit complex.

The blue-ray body or light body may also be called the devachanic body [corresponding to the higher 3D “inner planes”, or “heaven realm”]. There are many other names for this body, especially in your Indian Sutras, for there have been many Hindu seekers who have explored these regions and understand the various types of devachanic bodies. There are many, many types of bodies in each density, much like your own. [Thus, there are many types of blue-ray bodies]

The indigo-ray body, which we choose to call the “etheric body”, is the gateway body. In this body form is substance and you may only see this body as pure light, as it can mold itself as it desires.

The violet-ray body may be understood as what you might call the Buddha body, or that body which is complete. [Corresponding to complete enlightenment, mind/body/spirit perfection]

Each of these bodies has an effect upon the mind/body/spirit complex in your life experience. The interrelationships are many and complex

We will make one more suggestion: The indigo-ray body may be used by the healer once the healer is able to place its consciousness in this etheric state. The violet-ray or Buddhic body is of equal efficacy to the healer for within it lies a sense of wholeness which is extremely close to unity with all that there is. These bodies are part of each entity and the proper use and understanding of them, though far advanced from the standpoint of 3D harvest, is nevertheless useful to the adept. {v. II}

PART VI: CATALYST AND SPIRITUAL GROWTH

Programmed Catalyst

QUESTIONER: Does the soul begin to program its own catalyst or life experience for unblocking and balancing, after it has selected a path of polarization, be it positive or negative?

RA: That is correct. {v. III}

QUESTIONER: So is the purpose then of the incarnate physical state to experience programmed catalyst and evolve as a function of that catalyst?

RA: We shall restate for clarity: the purpose of incarnative existence is evolution of mind, body, and spirit. In order to do this, it is not strictly necessary to have catalyst. However, without catalyst the desire to evolve and the faith in the process do not normally manifest and thus evolution does not occur. Therefore, catalyst is programmed and the program is designed for the mind/body/spirit complex for its unique requirements. Thus it is desirable that you be aware of and hearken to the voice of your experiential catalyst, gleaning from it that which you incarnated to glean. {v. III}

Catalyst and Soul-Evolution

QUESTIONER: Does the sub-Logos [Solar Being] that formed our solar system provide the base catalyst for souls to evolve before they are able to program their own life-catalyst?

RA: This is partially correct. The sub-Logos offers catalyst at the lower levels of energy, the first triad [R1-3] -- these have to do with the survival of the physical complex [or conscious personality]. The higher centers [R4-6] gain catalyst from the biases of the soul itself in response to all random and directed experiences. [Higher centers are fed through polarization and self-chosen catalyst]

The less developed entity will perceive the catalyst of its life in terms of physical survival, with its own individual preferences. **The more conscious entity**, being conscious of the catalytic process [knowing that life-experience is for learning], will begin to transform the catalyst offered by the sub-Logos into catalyst which may act upon the higher E centers.

Thus, the sub-Logos can offer only a basic skeleton of catalyst. The muscles and flesh, having to do with the "survival" of wisdom, love, compassion, and service [R4-6] are brought about by the action of the soul itself. This then works upon the more basic catalyst [R1-3], so as to create a more complex catalyst, which may then be used to develop the higher energy centers.

The more advanced the entity, the more tenuous the connection between the sub-Logos and the perceived catalyst [its life-experience] until, finally, all catalyst is chosen, generated, and manufactured by the self, for the self. {v. III}

Tracing the Path of Catalyst

QUESTIONER: Can you trace the path of this energy, its origin, form, and effect?

RA: The origin of all [cosmic] energy is the action of free will upon love. The nature of all energy is light. The means of its ingress into the mind/body/spirit complex is twofold.

(1) Firstly, there is the inner light which is Polaris of the self, the guiding star. This is the birthright and true nature of all entities. This energy dwells within.

(2) The second point of ingress is the polar opposite of the “North Star”, and may be seen, using the physical body as an analog for the magnetic field, as coming through the feet from the earth and through the lower point of the spine [the root chakra points]. This point of ingress of the universal light E is undifferentiated until it begins its filtering process through the E centers. The requirements of each center and the efficiency with which the individual has learned to tap into the inner light, determine the nature of the use made by the entity of these in-streamings. {v. III}

QUESTIONER: Does experiential catalyst follow the same path?

RA: Yes, since the path of catalyst and the requirements or distortions of the E centers are two concepts linked as tightly as two strands of rope. {v. III}

QUESTIONER: Does this relate to the use of experiential catalyst as first experienced by the south pole and appraised with respect to its survival value, and then moving up the centers?

RA: We have addressed the filtering process by which in-coming energies are pulled upwards according to the distortions [blockages] of each E center and the strength of will or desire emanating from one’s awareness of inner light. {v. III}

QUESTIONER: So we have, coming through the feet and the base of the spine, the total E that the mind/body/spirit complex will receive in the way of what we call light. Each E center then filters out and uses a portion of this E, red through violet. Is this correct?

RA: This is largely correct. The exceptions are as follows: The E ingress ends with indigo. The violet ray is a thermometer or indicator of the whole. In the fully activated entity, only that small portion of in-streaming light needed to tune the E center is used, the great remainder being free to be channeled and attracted upwards.

It is correct that radiation without the necessity of response begins with blue ray although the green ray, being the great transitional ray, must be given all careful consideration, for until transfer of E of all types has been experienced and mastered to a great extent [broad acceptance of life-catalyst], there will be blockages in the blue and indigo radiations.

Again, the violet emanation is, in this context, a resource from which, through indigo, intelligent infinity may be contacted [R6-R7 linkage]. The radiation thereof will not be violet ray but rather green, blue, or indigo [manifest through R4-6] depending upon

the type of intelligence which infinity has brought through into discernible energy [according to the individual's unique service]

The green ray type of radiation in this case is the healing [R4], the blue ray the communication and inspiration [R5], the indigo that energy of the adept which has its place in faith [R6]. {v. III}

Catalyst and Kundalini Energy

QUESTIONER: How can we correctly awaken the kundalini, and of what value would that be?

RA: It is extremely useful and appropriate for you to consider the metaphor of the coiled serpent being called upwards. This is what you are attempting when you seek. There are, as we have stated, great misconceptions concerning this metaphor and the nature of pursuing its goal [arousing the kundalini]. Please realize that we must generalize in our answers, and the basic misconceptions surrounding this topic also render what we have to share with you, less useful.

We have two types of energy. We are attempting then, as entities in any true color [any density] of this octave, to move the meeting place of inner and outer natures further and further along or upward along the E centers. There are two methods of approaching this in a sensible way.

(1) The first method is to learn how to seat within yourself all those personal experiences which are attracted to you through the south pole [the root chakra]. Each experience will need to be observed, experienced, balanced, accepted, and seated within yourself. As you grow in self-acceptance and awareness of catalyst, the location of the comfortable seating of these experiences will rise to a higher energy ray consciousness [from personal self-interest, R1-3, to universal service: R4-6]. Each experience needs to first be seated in red ray and considered as to its survival content, and then considered at each ascending chakra-level.

[In this way], each experience will be sequentially understood by the growing and seeking entity, first in terms of survival [R1], then in terms of personal identity [R2], social relations [R3], universal love [R4], in terms of how the experience may beget free communication [R5], in terms of how the experience may be linked to universal energies [R6], and finally, in terms of the sacramental nature of each experience [R7].

(2) Meanwhile the Creator lies within. In the north pole [R7], the crown is already upon the head and the entity is potentially a God. This E is brought into being by the humble and trusting acceptance of this E through meditation and contemplation of the self and of the Creator.

(1⇌2) Where these energies [ascending from R1, descending from R7] meet is where the serpent will have achieved its height. When this uncoiled E approaches universal love [R4] and radiant being [R6], the entity is in a state close to harvestability [into 4D+]. {v. II}

Catalyst and the Body

QUESTIONER: How do feelings affect portions of the body?

RA: It is nearly impossible to speak generally of these mechanisms, for each soul of their own seniority has their own programming. For less aware entities, the connection between mind/body conditions often seems random, as Higher Self continues producing catalyst until a bias [spiritual polarization: $\pm$] occurs. In each programmed individual [already polarized], the sensitivities are far more active, and catalyst not used fully by mind and spirit is then given to the body [i.e. the cause of various forms of "illness"].

You may see in the instrument [Carla], the numbing of the arms and hands, signifying her failure to surrender to the loss of control over her life. Thus, this [mental/spiritual] drama is enacted in the physical body [a form of catalyst for self-learning].

In the questioner, we see a desire not to be carrying the [mental/spiritual] load that it carries, which manifests physically as a soreness in those muscles for normally used for [physical] carrying. That which is truly needed to be carried is a pre-incarnative responsibility which currently seems highly inconvenient [to the questioner, Don].

In the case of the scribe [Jim], we see a weariness and numbness of feelings ensuing from lack of using catalyst designed to sensitize him to quite significant influxes of unfamiliar energies of the mental, emotional, and spiritual levels. As the numbness removes itself from the higher or more responsive aspects [mind and spirit E fields], the physical distortions will vanish. This is also true of the other examples [Carla and Don: once they learn at mind/spirit levels, the physical conditions will disappear]. Of course, the totally efficient use of catalyst in 3D Earth is extremely rare {v. III}

Use of Catalyst on the Two Paths

QUESTIONER: It seems that those upon the positive path, as opposed to those on the negative path, would be attempting to utilize the first three rays in precisely the opposite manners. True?

RA: It is partially and even substantially correct. There is an E in each of the centers needed to keep the mind/body/spirit complex, which is the vehicle for experience, in correct conformation and composition. Both negative and positive entities do well to reserve this small portion of each center for the maintenance of mind/body/spirit integrity. After this point, however, it is correct that the negatively oriented entity will use the 3 lower centers for separation from and control over others by [R1] sexual means, by [R2] personal assertion, and by [R3] action in your societies.

Contrary-wise, the positively oriented entity will be transmuting strong red-ray sexual energy [R1] into green-ray E transfers and radiation in blue and indigo, and will be similarly transmuting selfhood [R2] and place in society [R3] into E transfer situations in which one may merge with and serve others and then, finally, radiate unto others without expecting any transfer in return. {v. III}

The Catalyst of Anger

QUESTIONER: [Questions about how catalyst is created on the two spiritual paths]

RA: The mechanisms of generating catalyst do not depend upon the chosen polarity of a soul, but rather, upon the use or purpose to which the catalyst is put. For example, if one is using the catalyst or experience of anger to polarize consciously on either positive or negative paths, they will not have to experience its distorted effect in the body [such as cancer], but rather, they will be using the catalyst in some way mentally. {v. II}

QUESTIONER: Earlier you said that if positively oriented souls do not bring love to their anger, they might get cancer. You also said that if negatively oriented souls do not control their anger and turn it against others, they too may get cancer. What is the principle here, as it relates to catalyst?

RA: We will give you some examples. In the first case, an entity who is polarizing positively will first perceive their anger. If they choose to use this catalyst mentally, *they will bless and love this anger*, in itself and for themselves. [As a further practice], it will then consciously intensify this anger, within the mind [without destructive behavior], until the folly of this red-ray E is perceived.

To “perceive the folly of anger” is to recognize that it is just one form of self-energy, subject to spiritual entropy due to its randomness, and not particularly useful due to its lack of conscious direction. [The raw feelings of anger are, in and of themselves, not useful for spiritual polarization: they must be channeled by the conscious application of either love or control]

Having positive orientation, one will then have the will and faith to continue this mentally intense experience of letting the [raw, uncontrolled feelings of] anger be understood, accepted, and integrated within the mind/body/spirit. The other soul who may have been the object of the anger is thus *transformed into an object of acceptance*, understanding, and accommodation -- all of which will be reintegrated using the great E with which the anger began [an advanced practice].

On the other hand, a negatively oriented entity will use this anger in a similarly conscious fashion. They will refuse to accept the undirected or random energy of anger and instead, through their own will and faith, funnel this E into a practical means of venting its destructive aspect so as to obtain control over others, or otherwise control the situation which was the catalyst for their anger.

Control is the key to negatively polarized use of catalyst. Acceptance is the key to the positively polarized use of catalyst. Between these polarities [ineffective control, or incomplete acceptance] lies the potential for the random and undirected E of anger to create a bodily condition similar to what you call cancer, or the cancerous growth of tissue. {v. II}

QUESTIONER: So is it correct then, that if a positively polarizing entity fails to accept the other soul, or if the negatively polarizing entity fails to control the other soul, then either of these failures could cause cancer?

RA: This is partially correct. The first acceptance, or [the first] control depending upon polarity, is of the self. *Anger is one of many things to be accepted and loved as a part of self, or controlled as a part of self, if the entity is to do spiritual work.* {v. II}

QUESTIONER: Is it correct then, that if a negatively polarizing entity is unable to control his own anger or control himself in his anger, then he may cause himself to get cancer?

RA: This is quite correct. The negative polarization [path of service to self] contains a great requirement for control and repression. {v. II}

QUESTIONER: A repression of what?

RA: Any mental aspect [or energy] which is emotional, is in and of itself disorganized, and needs to be repressed and then brought to the surface in an organized way in order to be useful to the negatively oriented entity. For instance, you may find some negatively polarized souls who control and repress such basic bodily needs as their own sexual desire -- so that through this practice [of self-control], their will may be strengthened and later used to enforce itself upon others with greater efficiency, when they later choose to allow themselves this sexual behavior. {v. II}

QUESTIONER: Then is it correct, that the positively oriented entity, rather than attempting to repress their emotions, would balance the emotion as you have previously stated?

RA: This is correct and illustrates the path of unity [love of self and others, without control]. {v. II}

QUESTIONER: So what is the basic plan for the use of the catalyst of cancer?

RA: This catalyst, as all catalyst, is designed to offer experience. This experience in your density may be loved and accepted [positive path], or instead, it may be controlled [negative path]. These are the two paths. When neither path is chosen, the catalyst then fails in its design, and the entity then proceeds [through the course of their lives] until some type of catalyst strikes it, which causes the person to form a bias towards acceptance and love, or instead, separation and control. There is no lack of space and time in which this catalyst may work. {v. II}

Anger, Cancer, and 4th Density

QUESTIONER: How does this process of anger leading to cancer act as a catalyst for spiritual growth, [and how does it relate to 4th density]?

RA: The 4th density is one of revealed information, and selves are not hidden to self or others. Various imbalances or distortions which are destructive appear in more obvious ways, and the body can be used as “a teaching resource” for self revelation [self-understanding and spiritual growth]. Illnesses such as cancer are therefore very

amenable to self-healing, once the true nature of the destructive influence [mind/body/spirit distortion] has been grasped by the individual. {v. II}

QUESTIONER: Is it correct then that cancer can be healed quite easily, and also provide a good teaching tool, once the person can forgive the other soul at whom he is angry?

RA: This is partially correct. The other important portion of self-healing involves self-forgiveness and greatly heightened self-respect. This would also be expressed by taking care of one's diet. This is frequently a part of the healing and forgiving process [for cancer and other illnesses]. {v. II}

Fasting and Reprogramming Catalyst

QUESTIONER: How does fasting act to remove unwanted thought-forms?

RA: As in all healing techniques, it must be used by a conscious being -- someone who is aware that eliminating excess and unwanted material from the body is related to purging the mind or spirit of excess or unwanted material [psychological patterns]. The discipline or rejection of the unwanted material as not being an appropriate part of the self, has an effect down through the tree of mind at subconscious levels, where the [spiritual or symbolic] connection is made. The unified body, mind, and spirit then expresses this denial of excess or unwanted spiritual or mental material, as not being an appropriate part of oneself.

All that is unwanted then falls away and the entity, while still understanding and appreciating the rejected material as a part of the greater self, nevertheless, through the action of will, is able to purify and refine their mind/body/spirit. In this way, they are able to create the desired mental and spiritual attitudes. {v. II}

QUESTIONER: Is this somewhat like consciously reprogramming your own catalyst? We know that the Higher Self may program catalyst and life-experience for some souls to help them release unwanted biases [personal distortions and karma]. Is this particular use of fasting actually a form of consciously programming this release, and making this [spiritual] communication to oneself?

RA: This is not only correct but may be taken further. The self, if conscious to a great enough extent of the workings of catalyst and the techniques of programming, may through concentration of will and faith alone, cause this kind of [spiritual] reprogramming without the need for fasting, changed diet, or any other symbolic body-disciplines or practices. {v. II}

Will and Reprogramming Catalyst

QUESTIONER: What are the techniques of catalyst-programming which the Higher Self or we ourselves can use to insure that we learn the desired lessons of 3rd density?

RA: There is but one technique for this growing or nurturing of will and faith [necessary to realize and learn particular lessons], and that is the focusing of the attention [as in meditation or prayer]. The attention span of most children is considered short, but the

spiritual attention span of most people on Earth is as short as that of a child. [Changing your life-catalyst, or learning lessons] is a matter of seeking to collect your attention, and then hold it upon the desired programming.

This, when continued, strengthens the will. [However], this entire activity can only occur when there exists faith that a such an outcome of this discipline is possible [a quality of Self-trust]. {v. II}

Catalyst of Pain in 4D

QUESTIONER: Is the catalyst of physical pain used as a mechanism for balancing in 4th density?

RA: The use of physical pain in 4th density is minimal, and only occurs at the end of a soul's incarnation in 4D. This physical pain [is mild, and] would not be considered severe enough to treat in 3rd density, and you would simply consider this type of pain "weariness". The catalyst of mental and spiritual pain are primarily used in 4th density. {v. II}

PART VII: TOOLS FOR TRANSFORMATION

Seeking the Heart of Self

QUESTIONER: What is the best way to seek the heart of self?

RA: The basic material for your understanding is the self: the mind/body/spirit complex. The information we gave you on healing may also be seen as ways to understand the self. *The understanding, experiencing, accepting, and merging of self with self, with other-self, and finally with the Creator, is the path to the heart of self.* In each infinitesimal part of your Self resides the One in all of Its power.

Therefore, we can only encourage these lines of contemplation or prayer as a way to subjectively use or combine various understandings, all of which may enhance your spiritual seeking process. Without such a method of reversing the analytical process, you could not integrate into unity all the many understandings that are normally gained in such spiritual seeking. {v. I}

Accelerating Spiritual Growth

QUESTIONER: How can we accelerate our growth in the 3rd density physical world?

RA: One of the primary aspects of the Law of One is the Law of Free Will. According to this Law, each entity is free to accept, reject, or ignore all the souls around it or even ignore the Creation itself. Nevertheless, there are many souls on Earth who are engaged every day in some of the ways of love.

However, if this same entity, from the depths of their soul and seeking love/light, were to *accept responsibility for [spiritual leaning] each moment of their lives*, that person could empower its progress according to the Law of Squares [with a tremendous multiplying effect]. {v. I}

QUESTIONER: What are some practices we can use to accelerate our spiritual growth?

RA: **Exercise One:** This is the most nearly centered and useable within 3D: The moment contains love. That is the lesson/goal of this density. This exercise is to consciously see that love in awareness and understanding. If you continue to choose love, moment by moment, you can empower each moment of spiritual seeking. Of course, there will be some loss of power due to imperfect seeking [ex. insincerity]. However, *the conscious statement of self to self of the desire to seek love is so central an act of will* that the loss of power due to this friction is inconsequential.

Exercise Two: The universe is one being. When you view another soul, see the Creator. This is an helpful exercise.

Exercise Three: Gaze within a mirror. See the Creator.

Exercise Four: Gaze at the creation which lies about you. See the Creator.

The foundation or prerequisite of these exercises is an appreciation of meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without

it, the data [received from these four exercises] will not sink down into the roots of the tree of mind, thus enabling and ennobling the body, and touching the spirit. {v. I}

The Use of Dreaming

QUESTIONER: You have stated that dreaming, if made available to the conscious mind, will aid greatly in polarization. Could you define dreaming and tell us how it aids in polarization?

RA: Dreaming is an activity of communication through the veil of the unconscious mind and the conscious mind. The nature of this activity is wholly dependent upon the situation regarding the energy center blockages, activations, and crystallizations of any given entity, at any given time.

(1) In an entity who is blocked at two of the three lower E centers, dreaming is of value in the polarization process, in that there will be a repetition of those portions of recent catalyst as well as deeper held blockages -- thereby giving the waking mind clues as to the nature of these blockages and hints as to possible changes in perception which may lead to unblocking [psychological aid].

(2) This type of dreaming or communication through the veiled portions of the mind occurs also with those souls who are functioning with far less blockage, and who usually enjoy green-ray or higher-ray activation, during those times at which that soul is experiencing catalyst that has the effect of momentarily reblocking, baffling or otherwise distorting their normal flow of energy influx.

Therefore, in all cases it is useful to ponder the content and emotive resonance of dreams.

(3) For those whose green-ray E centers have been activated, as well as for those whose green-ray E centers are being offered an unusual unblockage due to extreme catalyst -- such as the physical death of the self or one which is beloved, occurring in the near future -- dreaming takes on another activity. This may loosely be termed precognition or “a knowing which is prior to that which shall occur” in physical 3D manifestation.

This [precognitive] property of the mind depends upon its placement, to a great extent, in the non-physical dimensions where the ideas of the “present, future and past” have no meaning. If the entity can make proper use of the pre-cognitive experience, this will enable an entity to enter more fully into the all-compassionate love of each and every circumstance -- including all of those circumstances against which an entity may have a strong feelings of unhappiness.

(4) As an entity consciously chooses the path of the adept and, with each E center balanced to a minimal degree, begins to open the indigo-ray E center, dreaming becomes the most efficient tool for polarization. This is because of the fact, that if it is known by the adept that work may be done in consciousness while the conscious mind rests, the adept may then call upon those which guide it, those presences which surround it, and, most of all, the magical personality (or Higher Self) as it moves into the sleeping mode of consciousness.

With these affirmations attended to [invoking the assistance of inner plane teachers and guides], the activity of dreaming reaches its greatest potential for learning, which is most helpful to increase the growth of the adept towards its chosen polarity.

There are other possibilities of the dreaming not so closely aligned with the increase in polarity, which we will not cover at this particular time. {v. IV}

QUESTIONER: Is the dream designed or programmed by Higher Self?

RA: In all cases, the mind/body/spirit complex itself [the soul] makes what use it can of the faculty of dreaming. You, yourself [not Higher Self], are responsible for this activity. {v. IV}

QUESTIONER: So the subconscious is responsible for the design or script of the dream?

RA: This is correct. {v. IV}

QUESTIONER: Is the memory that we have upon waking from the dream usually accurate?

RA: You must realize that we are over-generalizing in order to answer your queries, as there are several sorts of dreams. However, in general, only a trained and disciplined observer will have a reasonably good recall of their dreaming. This faculty may also be learned or developed, by using the discipline of trying to record immediately upon awakening, each and every detail which you can recall. This training sharpens one's ability to recall the dream. The most common perception of most souls to their dreams is muddled, muddled, and quickly lost. {v. IV}

QUESTIONER: So you are saying that in remembering dreams, one can find specific clues to current E center blockages and may, thereby, reduce or eliminate those blockages. Is this correct?

RA: This is so. {v. IV}

Additional Uses of Dreaming

QUESTIONER: Are there other functions of dreaming, of value in the evolutionary process?

RA: Although there are many which are of some value, we would choose two to note, since these two, though not of value in polarization, may be of value in a more generalized sense.

(1) The activity of dreaming is an activity in which there is made a finely wrought and excellently fashioned bridge from conscious to unconscious. In this state, the various distortions which have occurred in the E web of the body complex, due to the misprision with which E influxes have been received, are healed. With the proper

amount of dreaming comes the healing of these distortions. Continued lack of this possibility can cause seriously distortion in the mind/body/spirit system.

(2) The other function of dreaming which is of aid, is that type of dream which is visionary and which prophets and mystics have experienced from days of old. Their visions come through the roots of mind and speak to a hungry world. Thus, this type of dream is of service without being of a personally polarizing nature. However, in that mystic or prophet who desires to serve, such service will increase the entity's polarity. {v. IV}

QUESTIONER: Is the REM state the portion of sleep in which there is dreaming?

RA: This is correct. {v. IV}

QUESTIONER: This seems to occur in small units during the night with gaps in between. Why?

RA: The portions of the dreaming process which are helpful for polarization, and also for the vision of the mystic, take place in time/space [the non-physical dimensions] and, consequently, use the bridge from metaphysical to physical for what seems to be a brief period of your time. However, the equivalent amount of experience in time/space is far greater.

The bridge remains, however, and traduces each distortion of mind, body, and spirit and works upon the various distortions of E influxes so that healing may take place. This healing process does not occur with the incidence of rapid eye movement, but rather, occurs largely in the space/time [physical, embodied] portion of the mind/body/spirit, and uses the bridge to time/space for the process of healing to be enabled. {v. IV}

From Desire to Enlightenment

QUESTIONER: Does a person need to destroy the self and ignore the material world in order to reach enlightenment? What is the proper role of the individual self and its worldly activities to aid them in growing more into the Law of One?

RA: The proper role of the entity in 3rd density is to experience all things desired, and then to analyze, understand, and accept these experiences, distilling from them the love/light within them. Nothing shall be overcome. That which is not needed falls away.

Spiritual orientation then develops due to the analysis of one's desires. These desires eventually become more and more in harmony with making conscious use of love/light, as the soul furnishes itself with distilled experience. We have found it to extremely inappropriate to encourage a person to try to overcome any desires. The only exception is for those desires that infringe on the free will of others [harming others], in which case we suggest that you use your imagination rather than try to carry them out in the physical plane.

The reason that it is unwise to try to overcome your desires, is because the act of overcoming is an unbalanced action, creating difficulties in E balancing over a period of

time. Trying to overcome desires actually creates the conditions of mind that lead to further holding on to that which you think you are overcoming [but which is actually only buried in the unconscious].

All things are acceptable in the proper time for each entity, and in experiencing, in understanding, in accepting, in then sharing with others, you will be able moving away from distortions of one kind to less distorted conditions of mind/body/spirit which are more in harmony with the Law of One.

It is a shortcut to simply ignore or overcome any desire [but it does not work beyond one lifetime]. Instead, the desire needs to be understood and accepted. This takes patience and experience which can be analyzed with care, with compassion for self and others. {v. I}

Working with the Unmanifest Self

QUESTIONER: What are the body-polarities that are related to the balancing of the E centers of the various bodies of the unmanifested entity?

RA: Each unmanifested self is unique. It's basic polarities have to do with the balanced vibratory rates and relationships between the first three E centers, and to a lesser extent, each of the other E centers. {v. III}

QUESTIONER: Please define the unmanifested being.

RA: The unmanifested being is that being which exists and does its work without reference to or aid from others. Going deeper into this concept, you can see the inevitable connection between the unmanifested self and the metaphysical or time/space [non-physical] analog of the space/time [physical] self. Meditation, contemplation, and the internal balancing of thoughts and reactions are those activities of the unmanifested self more closely aligned with the metaphysical self. {v. III}

Balancing Wisdom and Compassion

QUESTIONER: "As we develop compassion, is it more appropriate to balance this compassion with wisdom, or to allow the compassion to develop as much as possible without being balanced"?

RA: This query borders upon that type of question to which answers are unavailable, due to the free-will prohibitions upon information from teachers [thus infringing on the Law of Free Will].

To the student of the balancing process we may suggest that the most stringent honesty be applied. As compassion is perceived it is suggested that, in balancing, this perception be analyzed. It may take many, many essays into compassion before true universal love [R4] is the product of the attempted opening and crystallization of this all-important springboard E center.

Thus the student may discover many other components to what may seem to be all-embracing love. Each of these components may be balanced and accepted as part of

the self and as transitional material, as the entity's seat of learning moves ever more clearly into the green ray.

When it is perceived that universal love has been achieved, the next balancing may or may not be wisdom. If (1) the adept is balancing manifestations, it is indeed appropriate to balance universal love and wisdom. If (2) the balancing is of mind or spirit, there are many subtleties to which the adept may give careful consideration. Love and wisdom, like love and light, are not black and white, shall we say, but faces of the same coin. Therefore, it is not, in all cases, that balancing consists of a movement from compassion to wisdom.

We may suggest at all times the constant remembrance of the density from which each adept desires to move. This density [3D] learns the lessons of love. In the case of Wanderers, there are half-forgotten overlays of other lessons and other densities. You can reflect on this further. {v. IV}

Time, Space, Enlightenment

QUESTIONER: Could you please explain the concept of space/time and time/space, how we can transcend this concept, and at what density level these concepts are no longer important?

RA: The space/time [s/t] and time/space [t/s] concepts describe as mathematically as possible the relationships of your 3D illusion, that which is seen [s/t] to that which is unseen [t/s]. These descriptive terms are clumsy, however, they are adequate for our description here.

In the experiences of the mystical search for unity, these need never be considered, for they are only part of an illusory system. The seeker seeks the One. The One is to be sought, as we have said, by the balanced and self-accepting self aware, both of its apparent distortions and its total perfection. Resting in this balanced awareness, the entity then opens its self to the universe which it is. The light E of all things may then be attracted by this intense seeking, and wherever the inner seeking meets the attracted cosmic prana [up the chakras], realization of the One takes place.

The purpose of clearing each E center is to allow that meeting place to occur at the indigo ray vibration, thus making contact with intelligent infinity and dissolving all illusions. Service-to-others is automatic at the released E generated by this state of consciousness [non-dual enlightenment].

The space/time and time/space distinctions, as you understand them, do not hold sway except in 3rd density. However, 4th, 5th, and to some extent, 6th density also work within some system of polarized space/time and time/space [incarnate form, vs. disincarnate subtle]. {v. III}

Spiritual Energy Activation

QUESTIONER: During meditation, we often feel energy in different places on the head. What does this mean, and why is it happening?

RA: Various in-streamings of E are felt and received by the different energy centers which need, and are prepared for, greater activation. Thus, those who feel the

stimulation at violet-ray level [R7, crown chakra] are getting just that. Those feeling it within the forehead between the brows are experiencing indigo ray [R6] and so forth. If you experience tingling and visual images, it means that there is some blockage in the E center being activated -- thus the electrical [etheric] body spreads this E out and its effect is diffused.

People who do not truly request this E may yet feel it, if they are not well-trained in psychic defense. Those who don't want to experience these sensations, E activations and changes upon even the subconscious level [from deep non-seeking] will not experience anything due to their abilities at defense and armoring against change. [In accordance with the Law of Free Will] {v. II}

QUESTIONER: Is it normal to get two simultaneous stimulations at once?

RA: For the adept, it is most normal to experience indigo [R6] stimulation activating that great gateway [spirit shuttle] into healing, magical work, prayerful attention, and the radiance of being; and the stimulation of the violet ray [R7] which is the spiritual giving and taking from and to Creator, from Creator to Creator. This is a desirable configuration. {v. II}

QUESTIONER: What is happening if we feel a stimulation in meditation at the indigo center?

RA: One who feels this activation is experiencing in-streamings at that E center [R6] to be used either for (1) the unblocking of this center, for (2) its tuning to match the harmonics of its other energy centers, or (3) to activate the gateway to intelligent infinity. We cannot be specific, for each of these workings may be occurring in the person who feels such physical sensations. {v. III}

Diet and Spiritual Growth

QUESTIONER: In terms of diet, what foods should be included, and what should be eliminated for the greatest care of one's own body?

RA: First of all, we must underline and emphasize that this information [on changing one's diet] is not to be understood literally but *as a link or psychological nudge for the body, mind and spirit*. The true issue of importance [in self-healing] is the increased care and respect for oneself.

Vegetables, fruits, grains, and to the extent necessary for the individual metabolism, the animal products are those substances that show respect for the self. In addition, souls who need to purge themselves of a "poisonous" thought-form or set of emotions would do well to follow a program of careful fasting until the destructive thought-form has been purged -- which occurs along with the elimination of excess material from the physical vehicle. Again, you can see that the value of this [type of dietary change] is not simply for the body, but rather, is how it can be used as a link for the mind and spirit. In this way, self reveals self to self. {v. II}

PART VIII: SOME PRINCIPLES OF SERVICE

The Greatest Service

QUESTIONER: What is the greatest service that we on Earth can perform individually?

RA: There is but one service. The Law is One. *The offering of self to Creator is the greatest service*, the unity, the fountainhead. The entity that seeks the One Creator is with infinite intelligence. From this seeking or offering, a great multiplicity of opportunities [to serve] will evolve depending upon the individual, in regards to their own E center development of body/mind/spirit. Thus, some become healers, some workers, some teachers, and so forth. {v. I}

QUESTIONER: Is there a best way of serving others, or is any way as good as any other?

RA: *The best way of service to others is the constant attempt to seek to share the love of the Creator as it is known to the inner self.* This involves self knowledge and the ability to open the self to the other without hesitation. This involves radiating that which is the essence or the heart of the mind/body/spirit.

The best way for each seeker in 3D to be of service to others is unique to that particular seeker. You must then seek within yourself the intelligence of your own discernment, as to the way that you may best serve others. This will be different for each person. There is no best. There is no generalization. Nothing is known. {v. I}

Service on Earth at Harvest

QUESTIONER: How can we help people reach 4th density in these last days before Harvest?

RA: It is impossible to help another being directly. It is only possible to make catalyst available [to them] in whatever form, the most important being *the radiation of realization of oneness with the Creator from the self.* Sharing information such as we are sharing with you is less important.

We, ourselves, do not feel an urgency for this information to be widely disseminated. It is enough that we have made it available to three, four, or five. This is extremely ample reward, for if one of these obtains 4th density understanding due to this catalyst, then we shall have fulfilled the Law of One in the way of service.

That you attempt to make this information available is, in your terms, your service. *The attempt, if it reaches one, reaches all.*

We cannot offer shortcuts to enlightenment. *Enlightenment is, of the moment, an opening to intelligent infinity.* It can only be accomplished by the self, for the self. Another self cannot teach enlightenment, but only teach information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other reach out and begin the seeking process that ends in a moment, but who can know when an entity will open the gate to the present? {v. I}

Starvation and Balanced Service

QUESTIONER: [Questions about how to help people who are starving]

RA: Of course, for a person who is starving, the appropriate response [of balanced service and love] is to help feed their body. But, it is true that an exclusively green ray response [only love] is not as refined as service which has some degree of wisdom as well.

Such wisdom also enables a soul to appreciate its own [spiritual] contributions to the planetary consciousness by [simply] the quality of its being, without regard to any type of physical activity or behavior which is for the purpose of having results in a visible, material way. {v. II}

QUESTIONER: Is there any metaphysical reason for human starvation, or is it purely random?

RA: You are correct to assume that starvation and ill health is a form of catalytic action [used for soul-evolution]. However, it is within your free will to respond to their suffering, and to offer the necessary foods and materials is an appropriate response within the framework of 3D learning at this time, which is concerned with a growing sense of love for, and service to others. {v. II}

Adept Service to Others

QUESTIONER: It seems to me that the most important thing for souls on the path of service-to-others is the development of an attitude (through meditation, ritual, and basic appreciation for the Creator and creation) which increases a sense of Oneness with all. Is that correct?

RA: We shall not correct this, but we will also suggest that to those qualities you may add the living day by day and moment by moment, for the true adept lives more and more as it is. {v. III}

PART IX: THE MAGICAL WAY OF THE ADEPT

Essentials on the Path

QUESTIONER: For a 5th density adept, would self-knowledge, discipline of the personality, and control in strengthening the will be most important?

RA: Actually, these things are important all the way from 3rd density through early 7th density. The only correction that needs to be made to your question, concerns your use of the word “control”. It is paramount to understand that it is not desirable or helpful to the growth of self-understanding for one to control one’s thought processes or impulses -- except where they may result in actions not consonant with the Law of One.

Control may seem to be a short-cut to discipline, peace, and illumination. However, this very control potentiates and necessitates the further incarnative experience [future life-time catalyst] in order to balance this control or repression of that self which is perfect.

Instead, we recommend you consider the value of “direction”, in regards to the use of will. Acceptance of self, forgiveness of self, and the direction of the will; this is the path towards the disciplined personality. Your faculty of will is that which is powerful within you as co-Creator. You cannot ascribe to this faculty too much importance. Thus it must be carefully used and directed in service-to-others for those upon the positively oriented path.

There is great danger in the use of the will as the personality becomes stronger, for it may be used even subconsciously in ways reducing the polarity of the entity [unconsciously non-loving]. {v. III}

QUESTIONER: Other than self-knowledge, direction of will and the disciplines of personality, what else is important for our spiritual growth?

RA: This is technique. This is not the heart. Let us examine the heart of evolution.

Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learned and taught in meditation and service. At some point, the entity becomes so smoothly activated and balanced by these central thoughts, that the techniques you have mentioned become quite significant. However, the universe, its mystery unbroken, is one. Always begin and end in the Creator, not in technique. {v. III}

QUESTIONER: To achieve the full abilities of the Creator, should we reharmonize our thinking with the Original Thought in a precise vibratory frequency, according to each of the 7 energy rays?

RA: Your statement, though correct, bears great potential for being misunderstood. The precision with which each E center matches the Original Thought lies not in the systematic placement of each E ray -- but rather, in the fluid placement of the balanced blending of these E centers in such a way that intelligent E can channel itself with minimal distortion [being unique to each soul].

The mind/body/spirit complex is not a machine. It is rather what you might call *a tone poem*. {v. III}

Disciplines of Personality and the Indigo-ray

QUESTIONER: What kind of balance is achieved by the disciplines of personality?

RA: The disciplined personality, when faced with an other soul, has all of its centers balanced according to its own unique balance. Thusly, the other soul looks in a mirror and sees its self. {v. III}

QUESTIONER: The disciplines of the personality are the paramount work of any who have become consciously aware of the process of evolution. Is this correct?

RA: Quite. {v. III}

QUESTIONER: How do these disciplines affect the E centers and power of the white magician?

RA: The heart of the discipline of the personality is threefold. One, know your self. Two, accept your self. Three, become the Creator.

The third step is that step which, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves.

In relation to the pursuit of the magical working, the continuing discipline of the personality involves the adept in knowing its self, accepting its self, and thus clearing the path [along the E centers] towards the great indigo gateway to the Creator.

To become the Creator is to become all that there is. There is, then, no personality in the sense with which the adept begins its learning. As the consciousness of the indigo ray becomes more crystalline, more work may be done -- more may be expressed from intelligent infinity. {v. III}

QUESTIONER: How do the disciplines of the personality feed the indigo-ray center and affect the power of the white magician?

RA: The indigo ray is the ray of the adept. There is an identification between the crystallization of that energy center and the improvement of the working of the mind/body/spirit as it begins to transcend space/time balancing, and to enter the combined realms of space/time and time/space. {v. III}

Indigo-ray and the Lower Chakras

QUESTIONER: Do the disciplines of personality feed the indigo-ray E center and affect the power of the white magician, by unblocking the lower E centers and allowing for the free flow of upward spiraling light to reach the indigo center?

RA: No. {v. III}

QUESTIONER: Will you please correct me?

RA: The indigo center is indeed most important for the work of the adept. However, no matter how crystallized, it cannot correct to any extent whatsoever imbalances or blockages in other five energy centers. They must and need to be cleared seriatim from red-ray upwards. {v. III}

Two Forms of Light

QUESTIONER: What is the difference between the upward spiraling light that enters through the feet, and the spiritual light that is invoked through the crown chakra?

RA: The action of **the upward spiraling light drawn** by the will to meet the inner light of the One Infinite Creator may be likened to the beating of the heart and all the other functions of the parasympathetic nervous system. **The calling of the adept** may be likened to those nerve and muscle actions over which the mind/body/spirit [or soul] has conscious control. {v. III}

QUESTIONER: Is it correct then that *where these two directions of light* [what chakra-level] meet is the measure of the development of the particular soul?

RA: This is correct... The upward spiraling light which is developed in its path by the will, and ultimately reaches an high place of mating with the inward fire of the One Creator, is still only the preparation for further work upon the mind/body/spirit which may be done by the adept. During all true magical workings, there is some further crystallization of the energy centers that the adept is using, so that over time *the magician becomes more and more that which it seeks.* {v. III}

Magical Healing and Free Will

QUESTIONER: Many Christian evangelists in our society seem to have great desire and will, and possibly even great polarity, but it seems that they lack of awareness and thus cannot make an effective magical working in serving others. Is this true?

RA: You are partially correct. *In examining the polarity of a service-to-others working, the free will must be seen as paramount.* These teachers are attempting to generate positive changes in consciousness [in their followers], while at the same time abridging their free will. This creates a blockage of the magical nature of the working, except in those cases wherein an entity freely desires to accept their particular working. {v. III}

QUESTIONER: It might seem to the outside observer that an adept's healing or magical working would infringe someone's free will, since it's not "normal". Isn't this a paradox for any healer?

RA: We are humble messengers of the Law of One. To us there are no paradoxes. The workings which seem magical and, therefore, seem to infringe upon free will do not, in themselves, do so -- for the distortions of perception are as many as the witnesses, and each witness sees what it desires to see. *Infringement upon free will occurs in this circumstance only if the entity doing the working ascribes the authorship of this event to its self or its own skills.*

He who states that no working comes from it but only through it, is not infringing on free will. {v. III}

Positive and Negative Empowerment

QUESTIONER: Through free will, can both positive and negative adepts access cosmic power?

RA: Those who are upon the service-to-others path may call upon the light strength in direct proportion to the strength and purity of their will to serve. Those upon the service-to-self path may call upon the dark strength in direct proportion to the strength and purity of their will to serve. {v. III}

Magical Words and Light Invocation

QUESTIONER: You stated that a magical working in service to others has the potential of alerting a great mass of light strength. How does this work and what would it be used for?

RA: There are certain [sacred] words which act much like your dialing a telephone. When they are appropriately vibrated, with accompanying will and concentration, it is as though many souls upon your metaphysical or inner planes received a telephone call. These 'spirits' can then answer this call by paying attention to your working. {v. III}

QUESTIONER: There are many of these words, both used in the church as well as by adepts. What is the difference in effect between the sacred words used in churches and the specifically magical incantations used by the adepts?

RA: If all those who used these words in your churches were adepts consciously full of will and seeking, of concentration and conscious knowledge of the calling, there would be no difference. The efficacy of the calling is a function of the magical qualities of those who call; that is, their desire to seek the altered state of consciousness desired. {v. III}

QUESTIONER: You spoke previously about certain sacred Hebrew and Sanskrit words being powerful because they were mathematically related to the structure of Creation. How is this so?

RA: As we previously stated, the linkage is mathematical and related to musical ratio. Some on Earth have tried to resolve this mathematical ratio, but as these words are presently used, the coloration of the intoned vowel is part of the vibration which cannot be accurately measured. However, it is equivalent to types of rotation of your primary material particles [3D atoms] {v. III}

QUESTIONER: If these sounds were to be precisely vibrated, then what effect or use, with respect to the purposes of the adept, would they have?

RA: You may consider the concept of sympathetic resonance. When certain sounds are correctly vibrated, the creation sings. {v. III}

QUESTIONER: Would these sounds be of a musical nature, with an arrangement of many different sounds, or would there be just one single note?

RA: Your question is not easy to answer. In some cases, only the intoned vowel has effect. In other cases, most notably Sanskrit combinations, the selection of harmonic intervals is also of a resonant nature. {v. III}

QUESTIONER: Then would the adept use this resonant quality to become more at-one with the Creation and, therefore, attain his objective in that way?

RA: It would perhaps be more accurate to state that, in this circumstance, the creation becomes more and more contained within the practitioner. But the balance of your query is correct. {v. III}

The Workings of Jesus

QUESTIONER: How did Jesus [a 4th density Wanderer] learn healing during his incarnation?

RA: He learned this ability by a natural kind of remembering at a very young age. Unfortunately, he first discovered his ability to penetrate intelligent infinity by becoming angry at a playmate. He then touched this playmate and fatally wounded [killed] him.

Jesus thus became aware that there dwelt in him a terrible potential. He determined to discover how to use this energy for the good, not for the negative. He was extremely positively polarized and remembered more [from past lives and the home-density] than most Wanderers do. {v. I}

QUESTIONER: What was the orientation of the communication offered by Jesus of Nazareth?

RA: Jesus offered himself as a teacher to those who gathered to hear him, and even then, he spoke in a veiled way so as to leave room for those not wishing to hear. When he was asked to heal, it oft times did so, always ending the working with two admonitions: Firstly, *that the entity healed had been healed by its own faith* -- that is,

its ability to allow and accept changes through violet-ray into the gateway of intelligent energy. Secondly, he always said, “*Tell no one*”.

By these ways of working, he was attempting to maintain the maximal quality of free will [in those who sought his healing], while still keeping fidelity to the positive purity of the working. {v. III}

QUESTIONER: Jesus accumulated twelve disciples. What was his purpose in having them?

RA: What is the purpose of teaching if there be no one to learn? Those drawn to Jesus were accepted by him without regard for any outcome. Jesus accepted the honor/duty placed upon him by his nature and *his sense that to speak was his mission*. {v. III}

The Magical Personality

QUESTIONER: The three aspects of the magical personality are stated to be power, love, and wisdom. Is this correct, and are these the only primary aspects of the magical personality?

RA: These “three aspects of the magical personality” -- power, love, and wisdom -- are given this importance so that you pay attention to each aspect in developing the basic tool of the adept; that is, the total Self. However, this is by no means a personality of just three aspects. The magical personality is a being of unity, a being of 6th density, equivalent to what you call Higher Self, and at the same time is a personality enormously rich in variety of experience and subtlety of emotion.

The three aspects are given that the neophyte not abuse the tools of its trade, but rather approach those tools balanced in the center of love and wisdom, and thus seeking power in order to serve. {v. III}

Path of the True Adept

QUESTIONER: You previously said that, “the true adept lives more and more as it is” . What do you mean by this?

RA: Each entity is the Creator. The entity, as it becomes more and more conscious of its self, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. This seeker then becomes *the adept* when it has balanced with minimal adequacy the energy centers red, orange, yellow, and blue with the addition of the green for the positive, thus moving into indigo work [direct work through the spirit complex and R6-R7 activation].

The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity, it gradually manifests more and more of that which it always has been since before time; that is, the One Infinite Creator. {v. III}

PART X: METAPHYSICS OF EARTH AND THE COSMOS

Aging on Earth

QUESTIONER: Why does rapid aging occur on this planet?

RA: Rapid aging occurs upon Earth due to an ongoing imbalance of the receptor web complex in the etheric portion of the E field of the planet. The thought-form distortions of your peoples have caused the E streamings to enter the planetary magnetic atmosphere, or web of energy patterns in such a way that the proper streamings are not correctly imbued with the balanced vibrations of light/love from the cosmic level of this octave of existence [from 8D, the Creator or Logos]. {v. I}

QUESTIONER: Was one of your attempts to serve this planet to help the population more fully understand and practice the Law of One, so that this rapid aging could be reduced?

RA: Yes. {v. I}

QUESTIONER: If an entity were perfectly balanced with respect to the Law of One on this planet, would he undergo the aging process?

RA: *A perfectly balanced entity would become tired rather than visibly aged.* The lessons being learned, the entity would depart. However, this is appropriate and is a form of aging which your peoples do not experience. [For most people on Earth, spiritual] understanding comes slowly, and their physical body decomposes more rapidly. {v. I}

Earth's Non-Physical Dimensions

QUESTIONER: Who inhabits the astral and devachanic planes?

RA: Souls inhabit these various planes due to their vibration and spiritual nature. The astral plane varies from thought-forms in the lower levels to enlightened beings who are dedicated to teaching in the higher astral planes. In the devachanic planes ["heaven worlds"], there are souls whose vibrations are even closer to the pure Creator-energy of love/light.

Beyond these planes there are others. {v. I}

QUESTIONER: Are there seven sub-planes to the physical plane as well?

RA: You are correct, but this is difficult to understand. There are an infinite number of planes. In your particular space/time continuum [3D] , there are seven sub-planes of souls. You will discover the vibrational nature of these seven planes as you experience your daily life, and meet others who express the various levels which correspond to the 7 E centers of the physical body.

The invisible, or inner 3rd density planes are inhabited by souls who do not have the same kind of body as you have -- they do not surround their spirit/mind with a chemical

body. Nevertheless, they are also divided in what you may call “an artificial dream within a dream” into various levels. In the upper levels, desire to communicate knowledge back down to the outer plane of [physical] existence becomes less, due to the intensive learning which occurs upon these levels. {v. I}

QUESTIONER: Is it necessary to penetrate one level at a time as we move through these planes?

RA: Some souls penetrate several planes [chakra levels] at one time, while others penetrate them more slowly. Some souls in their eagerness for spiritual growth attempt to penetrate higher planes before they penetrate the energies of the more “fundamental” planes. This causes E imbalance.

You will find that ill health is frequently the result of a subtle mismatch of energies in which some of the higher E levels are being activated by the conscious attempts of the person, while that person has not yet penetrated the lower E centers [chakras] or sub-planes of 3rd density. {v. I}

The After-Death Experience

QUESTIONER: Please describe the circumstances of time/space, the life-review and healing process that souls experience after death from physical 3rd density.

RA: The hallmark of time/space [i.e. “inner planes”, 3D non-physical dimensions] is the inequity between time and space. In your space/time [physical 3D], the spatial orientation of material causes a tangible framework for the illusion. In time/space, the inequity is upon the shoulders of that property called “time”. *This property renders entities and experiences intangible in a relative sense* [fluid and non-fixed in terms of quality].

According to your understanding of physics, you can say that each particle or core vibration moves at a velocity which approaches the speed of light from the direction of the supra-luminal velocities.

Thus, the time/space or metaphysical experience is very finely tuned and, although an analog of space/time, *it is lacking in its tangible characteristics*. In these metaphysical planes [astral plane, devachanic realms], there is a great deal of “time” which is used to review and re-review the biases and learnings of a prior space/time incarnation [the “life-review” period after death].

The extreme fluidity of these regions makes it possible for much information to be penetrated which needs to be absorbed before the process of soul-healing can be accomplished. Each entity is located in a somewhat immobile state [of space] -- much as you are now, in space/time, located in a somewhat immobile state in time. The entity has been placed in this immobile space by the form-maker and Higher Self, so that it is in the proper configuration for learning that which it has received [through experience] in the previous space/time incarnation.

Depending upon this time/space locus, *there will be certain helpers* which assist in this healing process. The process involves seeing in full the lifetime experience, seeing it against the backdrop of the total mind/body/spirit experience [of all lifetimes],

forgiving the self for all missteps taken as regards the missed guideposts during the incarnation and, finally, making a careful assessment of the next necessities for learning [future lives]. This is done entirely by Higher Self until an entity has become conscious in space/time [during a physical incarnation] of the process and means of spiritual evolution, at which time the entity will consciously take part in all decisions. {v. III}

Healing and Life-Review After Death

QUESTIONER: Is the healing process in space/time identical with the process in time/space?

RA: The process in space/time of self-forgiveness and acceptance is much like that in time/space, in that the qualities of the process are analogous. However, **while in space/time** it is not possible to determine the course of events beyond the incarnation but only to correct present imbalances.

In time/space, upon the other hand, it is not possible to correct any unbalanced actions but rather to perceive the imbalances and thusly forgive the self *for that which is* [i.e. “accepting reality”].

Decisions are then made to set up the possibility of correcting these imbalances [via programmed catalyst and life-experiences] in future space/time experiences [“future lives”].

The advantage of **time/space** is that of the fluidity of the grand overview. The advantage of **space/time** is that, working in darkness with a tiny candle, one may correct imbalances. {v. III}

QUESTIONER: Are the healing and life-review processes similar for souls on the negative path?

RA: This is correct. {v. III}

Spiritual Powers, Disease, and 4th Density

QUESTIONER: Are the spiritual powers of many people, such as bending metal [i.e. spoons] by mind, related to fact that the basic E vibrations on Earth are now green-ray or 4th density?

RA: This is not only correct, but you can take this concept further. You can also understand that the great number of people who now have mental diseases is also due to the effect of green-ray [4D] energies upon their own mental conditions, as these are souls who are not yet mentally ready to face themselves [in mind/body/spirit] for the first time. {v. II}

QUESTIONER: Are these people with mental diseases those who are on the service-to-self path?

RA: This is incorrect. It is rather those souls who have distracted themselves and failed to prepare for this transition [to 4D], yet who are somewhat susceptible to its influence [somewhat open to heart-chakra activation], who may be affected. {v. II}

Wanderers and Spiritual Healing

QUESTIONER: Why is it that 5th or even 6th density Wanderers may attempt such healing, yet have little or no results? What has the Wanderer lost that he can't do such healing naturally?

RA: You may consider the Wanderer like an infant who is trying to verbalize language. The memory of the ability to communicate is within the infant's undeveloped mind, but the ability to practice or manifest speech is not immediately possible, due to the mind/body/spirit limitations that it has chosen to experience in its current 3D physical form.

It is the same with Wanderers who, remembering the ease with which adjustments can be made in the home density, yet still having entered 3rd density, cannot manifest that memory due to the limitation of the chosen 3D experience. The chances of a Wanderer being able to heal in 3D are only slightly more than those who are native to this density, because the desire to serve may be stronger in the Wanderer, and it may then more likely choose this method of service. {v. III}

QUESTIONER: What about the dual-activated Wanderers with 3rd/4th density bodies now living on Earth, already harvested from other 3D planets? Do they normally have such healing ability?

RA: In many cases this is so, but as beginners of 4D, this desire may not be present. {v. III}

QUESTIONER: So therefore, Wanderers in 3D who seek to learn the techniques of healing should first be concerned with balancing and unblocking their own energy centers?

RA: This is correct. Only in so far as the healer has become balanced may it be a channel for the balancing of an other. Thus *healing is first practiced upon the self*. {v. III}

Wanderers and Magical Ability

QUESTIONER: Wanderers in 3D who come from 5th or 6th density should already be of a high degree of adeptness. What kind of path could they follow in 3D to get back to the adeptness that they once had in their native home density?

RA: There are many Wanderers, whom you may call "adepts", who do no conscious work in the present incarnation. This is basically a matter of attention. A person may be able to catch a baseball very well, but if their eye is not turned as the ball is tossed, then it may pass right by them and they won't catch it. If they turned their eyes to the ball, catching it would be easy.

In the case of Wanderers who seek to recapitulate the degree of adeptness which they had acquired in a previous lifetime, you should remember that even after the forgetting process has been penetrated, there is still the yellow-ray activated body which does not respond in the same way as the adept's body of green- or blue-ray activation [i.e. in 4th or 5th density]. Thus, you may see the inevitability of frustrations and confusion due to the inherent difficulties of manipulating the finer forces of consciousness through the chemical apparatus of the 3D yellow-ray body. {v. III}

RA's Spiritual Practices in 6D

QUESTIONER: Could you describe the rituals or techniques that RA uses to grow and serve?

RA: To speak of the conditions of awareness in which 6D social memory complexes labor in order to advance is nearly impossible, for much is lost in transmission of concept from density to density, and the discussion of 6th density life is inevitably distorted greatly.

However, we shall attempt to answer your question since it allows us to express once again the total unity of creation. We seek the Creator upon a level of shared experience to which you are not privy, and rather than surrounding ourselves in light we have become light. Our understanding is that there is no other material except light. Our rituals are an infinitely subtle continuation of the balancing processes which you are now beginning to experience.

We seek now without polarity. Thus we do not invoke any power from without, for our search has become internalized as we become light/love and love/light. These are the balances we seek, the balances between compassion and wisdom, which more and more allow our understanding of all experience to be informed, so that we may come closer to the unity with the One Creator which we so joyfully seek.

Your own rituals at your level of progress [in 3D, still] contain the concept of polarization, and this is most central at your particular dimensional level. {v. III}

The Value of 3D Incarnation

QUESTIONER: Why must souls come into 3D physical form, become veiled and lose conscious memory of their spiritual desires, and only then seek to make spiritual growth?

RA: Let us give an example of a man who sees all the poker hands. He then knows the game. It is but child's play to gamble, for it is no risk: the other hands are known. The possibilities are known and the hand will be played correctly but with no interest.

In time/space [3D inner planes] and in the true color green density [4D+], the hands of all are open to the eye. Their thoughts, feelings, troubles, all these may be seen. There is no deception and no desire for deception. Thus, much may be accomplished in harmony but the soul gains little polarity from this interaction. [With no confusion or veil to pierce, there is no spiritual challenge]

Let us re-examine this metaphor and multiply it into the longest poker game you can imagine: a lifetime. The cards are love, dislike, limitation, unhappiness, pleasure, etc. [forms of life-catalyst]. They are dealt and re-dealt and re-dealt continuously. You may, during this incarnation begin—and we stress begin—to know your own cards. You may begin to find the love within you. You may begin to balance your pleasure, your limitations, etc. However, your only indication of the cards of others is to look into their eyes [their body/mind/spirit process is veiled from direct perception].

You cannot remember your hand, their hands, perhaps even the rules of this game. This game can only be won by those who lose their cards in the melting influence of love, can only be won by those who lay their pleasures, their limitations, their all upon the table face up and say inwardly: “All, all of you players, each other-self, whatever your hand, I love you.”

This is the game: to know, to accept, to forgive, to balance, and to open the self in love. This cannot be done without the forgetting [the veiled condition of physical incarnation, 3D space/time], for it would carry no weight in the life of the total Self [if there was no challenge to loving]. {v. II}

